



# HIGH MEADOWS HAPPENINGS

6-28-2024

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## Today was Sports Fan Day!

### Calendar of All Camp events:

- Wednesday July 3rd is **Red, White and Blue Day**, as well as our all-camp hot dog cookout!
- Remember, **NO CAMP** Thursday July 4th. We will have camp Friday July 5th.

### COOKOUT MENU

#### HOT DOGS

- REGULAR
- KOSHER/HALAL
- VEGETARIAN

#### CHIPS

#### CARROTS

#### COOKIES

#### JUICE/WATER



## Place Highlight: The Caboose

- Don't forget to "like". High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.



- **The Caboose** is located right across the field from the Juniors/Middle Years building and is one of the most unique assets on our campus. The steering wheels on both of its ends are favored by Juniors campers as a place to play the role of a train engineer and its porch is the meeting place for our Traditions classes. The Norfolk-Southern railway company donated it to High Meadows in 1989 after the community raised money for it to be transported and mounted on real train tracks here on our campus. The caboose itself was built in 1951, renovated in 1969, and remained in service as a train car until 1986. Upon arrival to our campus, it was renovated once more, initially serving as the High Meadows community's first library. In later years, it served as the High Meadows School Middle Years Principal's office. And over the past year, it was converted to a museum of High Meadows history.





## Value of the week: RESPECT

This past week, our value was RESPECT. High Meadows campers show respect:

- for others, through positive interaction.
- for ourselves, by caring for our physical well being.
- for nature, through our commitment to protect the environment.
- for our history, by honoring our community traditions.



## Grasshoppers Gazette (Richard)

- Grasshoppers had a fantastic first week! We enjoyed thrilling adventures in the woods, splashed around in the pool, and had a grand time riding ponies, all while making new friends. Bring on week 2, we can't wait!



## Juniors Journal (Anna and Brooke)

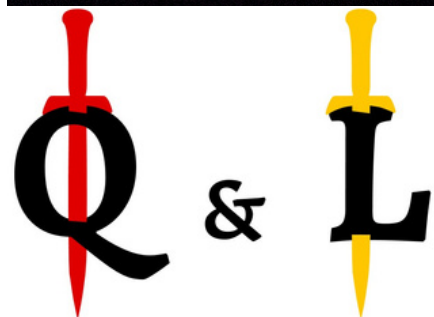


- The Juniors kicked off their camp experience with an exciting first week filled with new games, friendships, and creative ventures. From crafting cool clay projects to exploring nature and playing bomber ball, it's been a week of fun and discovery!



## Super Seniors Shout Outs (Steven and Jen)

- Super Seniors had a super fun week of activities! We sang all the popular camp songs: Catalina Matalina, Tom the Toad, Ding Dong, Super Senior All Star, Princess Pat, and Tarzan just to name a few! We created our very own individual banners to string up and decorate our cabins. We also began our woodworking projects including bird houses, tanks, and airplanes that will be sanded, sawed, and hammered into shape to take home at the end of the session. We've been working hard on our stances and aiming skills in Archery class. And during sports, we played bomber ball, water weasel, and blob tag. Finally, we all dressed in our sportiest outfits and got to swim with our counselors on Friday. Yowza! What a magnificent week we've had as Super Seniors!



## Senior Quest Quips and Legend Lore

All Seniors announcements (Annie, Tina, and Matt)



- Today was the first **LIVESTOCK** of the session! Livestock takes place each Friday in the Barn Theater for Seniors campers and counselors who want to show off their talents, sing songs, and have skit challenges.
- For the first time in years, Quest and Legend will be having a Lake Trip together on Friday 7/5. Campers will load up on buses and make the short drive to Victoria Beach at Lake Allatoona. Campers will arrive back at camp in time to go home via their normal mode of transportation.
- What to bring: close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), a towel, sunscreen, bug spray, a water bottle, and lunch.



## Senior Quest Quips (Morgan)

- Senior Quest had a powerful first week of 2nd session. Our campers embraced their newfound independence with confidence as they chose their classes and braved the world of Seniors camp. They gave it their all in remarkable bouts of bomber ball, and multi-ball soccer, all while striving to make new friends and reunite with familiar faces. We have high hopes that our campers can maintain this strong positive momentum as we head into a unique second week.



## Senior Legend Lore (Tyler)

- Senior Legend had a superb start to the session. We began with a crazy “running of the bulls” where Seniors campers crafted their schedules. We beat the heat by having a heated game of bomber ball where the campers gave it their all. The Legend campers showed off their incredible artistic ability where they each created a new camp creature along with a deep backstory to go along with it. We ended the first week with our first Livestock of the session where each castle also created their own personal game show. We are excited to see what awesome activities we get to experience next week!



- Legend's Overnight is Tuesday 7/2. This is a wonderful experience spending a night on campus under the stars.
- Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of camper vs. counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games and dessert in the Barn Theater, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!
- What to bring:
  - a mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon for dinner, breakfast, and for the cookout on Wednesday).
  - sleeping bag, pillow, sleepwear, and toiletries.
  - attire for Red, White, and Blue Day.
  - any evening/morning medication must be turned into a counselor in the prescribed bottle along with any instructions needed. Please fill out and turn in the Authorization for Medication Form found at this [link](#), which you may email to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print and turn it in to a counselor.
  - No need to bring a second lunch on Tuesday, as we will be having the all-camp cookout on Wednesday.



## OVERNIGHT MENU

- Pre-Dinner snack: fruits, chips, crackers.

- Dinner: burger bar/ sunflower butter & jelly sandwich alternative.

- Dessert: ice cream sandwiches and popsicles.

- Breakfast: cereals, fruits, juices, milk, and of course..... donut trivia!



## CIT Corner (Danielle and Rey)

- The CITs had a fantastic first week of 2nd session. Our first year CITs joined groups for the first time and began their journey from campers to counselors. Our second year CITs have been honing their skills as they prepare to finish the program. We toured camp and played a few team building games such as Acid River. We look forward to having a terrific session and a busy second week!





# General Announcements

## Carpool reminder:

- While you are going through the line, please make sure that your kids keep their heads and limbs inside the car and not out the windows or sunroof!



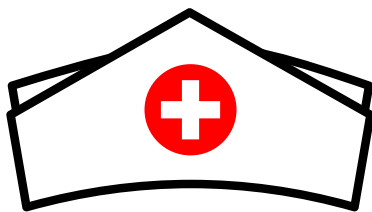
## From the Camp office:

- If you need to pick up your camper early, please e-mail Chad at [cbrinker@highmeadows.org](mailto:cbrinker@highmeadows.org) ahead of time so that they are ready to go when you arrive!



## Nurse's Nook:

- Please make sure your camper brings sunscreen and a water bottle every day!



- **Also from the Camp office:** There is still limited space available for Juniors 3rd session. If interested, please register ASAP at this [link](#)!



# HIGH MEADOWS CAMP