



HIGH MEADOWS HAPPENINGS

7-14-2023

camp@highmeadows.org

770-993-7975

Today was Wacky Tacky Day!

Calendar of All Camp events:

- Wednesday July 19th is **Barneyard/ Zoo Day!**
- Friday July 21st is **World Cup Day**, as well as our all-camp hot dog cookout!

COOKOUT MENU

HOT DOGS

- REGULAR
- KOSHER
- VEGETARIAN

CHIPS

CARROTS

COOKIES

JUICE/ WATER



Place Highlight: The Tire Swing

- Featured in the logo for both High Meadows Camp and High Meadows School, the tire swing is arguably the most iconic location on our campus. Co-founder Jody Holden brought the tire swing to campus as a replica of a tire swing that existed on the campus of the kindergarten she ran on what is currently the Chattahoochee Nature Center property. Upon High Meadows' founding, the first tire swing on campus hung from a box elder tree that was located in front of the Preschool/ Grasshoppers building. Once that tree died in the early 2000s, the swing moved to a tree near the Caboose for a few years before moving to its current location, an oak tree on the low meadow across the field from the Community Center. Regardless of where on campus it's been located, it has been enjoyed year round by students and campers of all ages across many generations.
- Pictured below from left to right: The original tire swing being used for a Medieval Day activity in the 1990s, the High Meadows Camp logo featuring the tire swing, a camper enjoying the tire swing this week.

- Don't forget to "like". High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.





Value of the week: COMMUNICATION

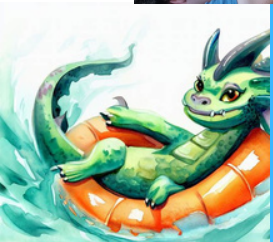
This past week, our value was COMMUNICATION.

- High Meadows campers practice communication as a tool for understanding and cooperation.
- High Meadows campers appreciate the power of communication to increase respect and strengthen community.
- High Meadows campers understand that communication is not just about self-expression, but also about listening to others.



Grasshoppers Gazette (Richard)

- Grasshoppers began third session with a bang. Once we got to know each other, we got straight to business in our activities. In Sports, we got to play camper vs. counselor soccer after riding the ponies and meeting the animals at Barnyard. In Arts and Crafts, we made art out of our initials, showing off our creativity along the way. And during our down time, we've spent a lot of time playing in the sand, had a "HopperStock" talent show, and even got to visit the rock climbing wall on campus. We are excited for the fun to continue.



Juniors Journal (Ashley and Sydney)

- Juniors had an amazing week beginning third session. We started off with name games, tire swing rides, one ball dodgeball, and meeting the barnyard animals. This Friday, we showed off our coolest and silliest outfits for Wacky Tacky Day! It's been so great making new friends and seeing familiar faces and we are so excited for all of the fun to come this session.
- Please send a white t-shirt with your camper, as we will be tie-dying the the 25th and 26th of the third week of the session!



Super Seniors Shout Outs (Steven and Jordan)

- Super Seniors had a rockin' first week of the session. We've gotten to know one another and have made tons of new friends! We sang Princess Pat, Twelve Days of Camp, and Tarzan loud and proud for all of camp to hear. We've played blob tag, capture the flag, and lots of Ga-Ga ball to keep us moving while working hard at our woodworking projects and building forts. What a week!



Senior Quest Quips and Legend Lore

All Seniors announcements (Annie, Matt, and John)

- Today was the first **LIVESTOCK** of the session! Livestock takes place each Friday in the Barn Theater for Seniors campers and counselors who want to show off their talents, sing songs, and have skit challenges.



Senior Quest Quips (Morgan)

- Senior Quest had a jolly first week of revelry. We ventured forth into novel classes and new experiences in Seniors. There were positively thrilling games of Ga-Ga, multi ball soccer, Bomberball, and Capture the Flag. Our week crescendoed into a marvelous Wacky Tacky Day on Friday! After a restful weekend, we hope for the onset of another spectacular week on Monday!

Senior Legend Lore (Tyler)

- Senior Legend had an exciting first week of third session. We began having discussions about the Knighthood program while diving in to the fun classes that we have to offer. During Senior Activity, we played Ga-Ga, Bog Horse, Bomberball, and Capture the Flag before ending the week with the first Livestock of the session! Looking forward to a busy but fun second week of camp with our Lake Trip and Overnight on the horizon!

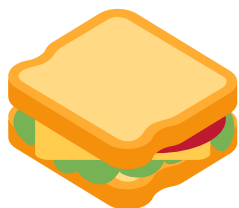


- Legend's Lake Trip is Wednesday 7/19. Campers will load up on a bus and make the short drive to Victoria Beach at Lake Allatoona. Campers will arrive back at camp in time to go home via their normal mode of transportation.
- What to bring: close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), a towel, sunscreen, bug spray, a water bottle, and lunch.

- Legend's Overnight is Thursday 7/20. This is a wonderful experience spending a night on campus under the stars.
- Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of camper vs. counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games and dessert in the Barn Theater, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!
- What to bring:
 - a mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/ spoon for dinner, breakfast, and for the cookout on Friday).
 - sleeping bag, pillow, sleepwear, and toiletries.
 - attire for World Cup Day.
 - any evening/morning medication must be turned into a counselor in the prescribed bottle along with any instructions needed. Please fill out and turn in the Authorization for Medication Form found at this [link](#), which you may email to camp@highmeadows.org or print and turn it in to a counselor.
 - No need to bring a second lunch on Thursday, as we will be having the all-camp cookout on Friday.

OVERNIGHT MENU

- Pre-Dinner snack: fruits, chips, crackers.
- Dinner: sandwich bar/ peanut butter (or peanut-free butter) & jelly sandwich alternative.
- Dessert: ice cream sandwiches and popsicles.
- Breakfast: cereals, fruits, juices, milk, and of course..... donut trivia!



CIT

CIT Corner (Danielle and Rey)

- The CITs had a busy start to third session. We welcomed some new first year CITs and worked on our leadership skills once we got to our units. We also got to welcome back some CITs from previous sessions for our overnight Thursday where we had a blast and woke up exhausted but exhilarated. We are looking forward to our continued growth as youth development professionals.



General Announcements

Carpool reminder:

- While you are going through the line, please make sure that your kids keep their heads and limbs inside the car and not out the windows or sunroof!



From the Camp office:

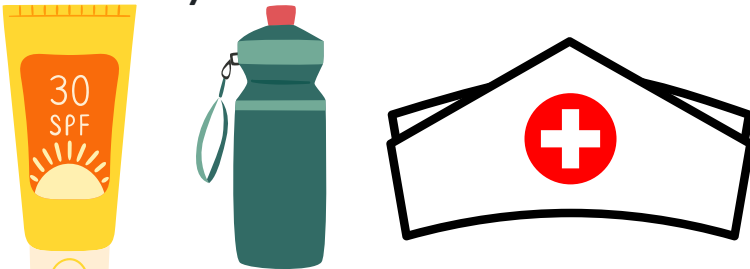
- If you need to pick up your camper early, please e-mail Chad ahead of time so that they are ready to go when you arrive!

cbrinker@highmeadows.org



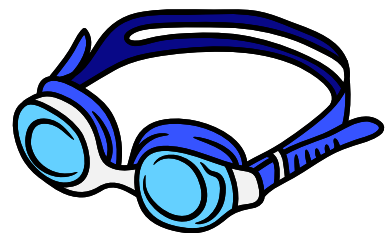
Nurse's Nook:

- Please make sure your camper brings sunscreen and a water bottle every day!



Pool Post (Aya):

- For campers in Grasshoppers, Juniors, and Super Seniors, please send goggles for free swim!



HIGH MEADOWS CAMP