



HIGH MEADOWS HAPPENINGS

7-19-24 camp@highmeadows.org 770-993-7975

Today was Tropical Day!

Calendar of All Camp events:

- **Wednesday July 24th is Pirate/ Ninja Day.**
- **Friday July 26th is Olympics Day as well as our all-camp hot dog cookout!**

COOKOUT MENU

HOT DOGS

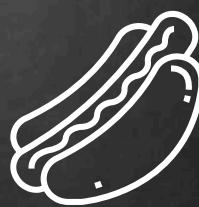
- REGULAR
- KOSHER/HALAL
- VEGETARIAN

CHIPS

CARROTS

COOKIES

JUICE/WATER



Person Highlight: Coral

Coral, known as Ms. Dannelly by students and campers, has been an integral part of the High Meadows community since joining us in the fall of 2019. As our Barnyard Manager, she has leveraged her lifelong equestrian experience and background as a former bird keeper at Disney World to expand the variety of animals in our care, including pigs, guinea fowl, turkeys, and even a miniature donkey. Through her innovative sponsorship program, High Meadows School families can sponsor an animal, making the barnyard more sustainable. During the school year, Ms. Dannelly teaches electives including an avian biology class where students incubate eggs and witness the hatching process and a clicker training class where students learn positive reinforcement training. At camp, she teaches Animal Care for all ages and leads the Grasshoppers and Juniors on pony rides. Sadly, this is Ms. Dannelly's last session with us as her family will be relocating out of state. While we will miss her dearly, we are extremely grateful for her invaluable contributions to High Meadows over the past five years.

- **Don't forget to "like" High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.**





Value of the week: COMMUNICATION

This past week, our value was COMMUNICATION. High Meadows campers practice communication as a tool for understanding and cooperation. High Meadows campers appreciate the power of communication to increase respect and strengthen community. High Meadows campers understand that communication is not just about self-expression, but also about listening to others.



Grasshoppers Gazette (Richard)

- Grasshoppers had a spectacular first week of third session! We forged fantastic friendships, reveled in pony rides, and made a splash in the pool. Our excitement soared with "Angry Birds" in Discovery and thrilling tire swing adventures. We're eagerly awaiting the hop-tastic second week of this amazing session!



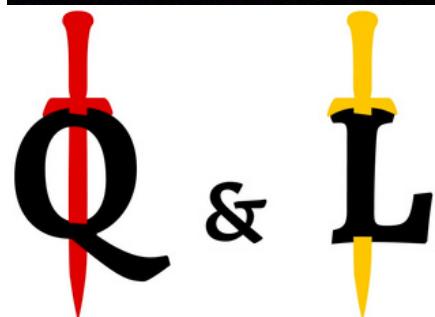
Juniors Journal (Brooke and Kayla)

- The Juniors had a fantastic first week! We showed off our creative side when we chose our group names and created and painted clay projects in Arts and Crafts. We explored the entire campus from the barnyard animals to the Chicken Tree, to the pool. To end the week, we loved dressing up for Tropical Day! We are excited to see what next week brings us!



Super Seniors Shout Outs (Steven and Demi)

- Super Seniors had an awesome first week of 3rd session. We're learning skills as we build bird houses and planes in Woodworking. In Sports, we've played zebratonicus tag, capture the flag, ga-ga, and ultimate football. Whether we're sculpting with clay in Arts and Crafts or hitting the target in Archery, Super Seniors are having a blast this session!



Senior Quest Quips and Legend Lore

All Seniors announcements (Annie, Tyler, and Matt)

- Today was the first **LIVESTOCK** of the session! Livestock takes place each Friday in the Barn Theater for Seniors campers and counselors who want to show off their talents, sing songs, and have skit challenges.

- Senior Quest had a dynamite first week of 3rd session. We created harmony, dressed up for Tropical Day today, and met new friends while reuniting with old ones. Our campers finished the week with a thrilling Livestock and we can't wait to see what next week holds!



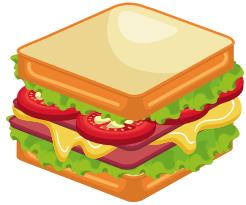
- Senior Legend had a legendary start to the session. The campers and counselors had a blast with our spontaneous Baseball Day and sporty music at carpool. Our campers went toe to toe with their first castle kit, a lip sync challenge, at Friday's Livestock. It was a festive end to our relaxing and vibrant Tropical Day. We can't wait for what next week holds in store!



- Legend Lake Trip is Wednesday 7/24. Campers will load up on a bus and make the short drive to Victoria Beach at Lake Allatoona. Campers will arrive back at camp in time to go home via their normal mode of transportation.
- What to bring: close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), a towel, sunscreen, bug spray, a water bottle and lunch.
- Legend's Overnight is Thursday 7/25. This is a wonderful experience spending a night on campus under the stars.
- Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of camper vs. counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games and dessert in the Barn Theater, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

- **What to bring:**
 - A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon for dinner, breakfast, and for the hot dog cookout on Friday).
 - Sleeping bag, pillow, sleepwear, and toiletries.
 - Attire for Olympics Day.
 - Any evening/morning medication must be turned into a counselor in the prescribed bottle along with any instructions needed. Please fill out and turn in the Authorization for Medication Form found at this [link](#), which you may email to camp@highmeadows.org or print and turn it in to a counselor.
 - No need to bring a second lunch for Friday, as we will be having the all-camp cookout.

OVERNIGHT MENU



- Pre-Dinner snack: fruits, chips, crackers.
- Dinner: sandwich bar/ sunflower butter & jelly sandwich alternative.
- Dessert: ice cream sandwiches and popsicles.
- Breakfast: cereals, fruits, juices, milk, and of course..... donut trivia!



CIT Corner (Danielle and Amanda)

- The CITs had a wonderful first week of 3rd session. We went into the units and met lots of new friends, campers and counselors alike. The CIT overnight on Thursday night was a rousing success where we played games, ate pizza, and did all the usual shenanigans. We are excited for a busy second week!



General Announcements

Carpool reminder:

- While you are going through the line, please make sure that your kids keep their heads and limbs inside the car and not out the windows or sunroof!



Nurse's Nook:

- Please make sure your camper brings sunscreen and a water bottle every day!



From the Camp office:

- If you need to pick up your camper early, please e-mail Chad at cbrinker@highmeadows.org ahead of time so that they are ready to go when you arrive!



Also from the Camp office:

- Attention parents! When sending your kids to camp, please remember that Crocs are not suitable footwear, except for walking to and from the pool. They are not secure enough and can prevent your child from participating in certain activities like Barnyard. Let's keep our campers safe and ready for all activities! Thank you!



HIGH MEADOWS CAMP