



HIGH MEADOWS HAPPENINGS

7-21-2023

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Today was World Cup Day!

Calendar of all camp events:

- Wednesday July 26th is **Unit Choice Day**. See below for each unit's theme choice.
- Friday July 28th is **Origin Trail Day**, and the last day of 3rd session and the summer!
- Don't forget to "like". High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.



Wednesday was Barnyard/ Zoo Day!



Person Highlight- Gracie

- Gracie is our Specialist Program Director. She attended High Meadows for both school and camp since she was 8 years old, then completed the CIT program, and is now in her twentieth summer on staff, and tenth as Specialist Program Director. Over her years on staff, she has worked as a group counselor for almost every age group from Grasshoppers to Super Seniors, and has taught Nature and Traditions. Formerly known as the "rat lady", she was known for bringing her pet rats to camp for campers to interact with. For the past few years, she has worked as the Barnyard Assistant at the High Meadows barnyard during the school year. Throughout the year and summer, she is very involved with the American Camp Association and has presented at conferences attended by hundreds of camp professionals. Also during the school year, she helps with the Halloweenie Roast as well as other enrichment programming run by High Meadows. An artist at heart, she serves on the Board of Directors of the Flashpoint Artists Initiative, Georgia non-profit that runs events to promote art and cultural development. In the limited free time she has, she enjoys live music and anything creative.



Value of the week: COOPERATION

- This past week, our value was COOPERATION.
- The second week of Session 3 emphasizes cooperation, reminding us that while High Meadows Camp values individual achievement and experience, it also celebrates what we do together. The focus on cooperation is highlighted at the end of the week, with the All-Camp Cookout and the Minute-to-Win-It Challenges!





Grasshoppers Gazette (Richard)

- Grasshoppers had a fun week at camp. At the Barnyard, we got to ride the ponies and also met the rabbits and chickens. In Arts and Crafts, we decorated and made puppets. For Discovery, we played with shaving cream and played water games to cool off. We also slid down the water slide, keeping us even cooler. And we finished the week off by eating hot dogs and watching our counselors compete in the minute-to-win-it challenges in celebration of World Cup Day!
- For the final week of camp, Grasshoppers carpool (and the orange flag) will be moving to the front of the Grasshoppers/ Preschool building instead of the back where it currently is.
- Our Unit Choice for next Wednesday 7/26 is Beach Day!



Juniors Journal (Ashley and Sydney)

- Juniors had a wonderful week playing games and getting to know High Meadows. It was so great to go to the Ga-Ga pit, play soccer, ride ponies, and make a splash on the water slide! Juniors campers are doing such a wonderful job going out of their comfort zones and trying new things with our new friends! On Friday, we enjoyed hot dogs and watching the counselors compete in minute-to-win-it challenges. Please send a white t-shirt with your campers next week for them to tie-dye next week!
- Our Unit Choice for next Wednesday 7/26 is Pajama Day! Please avoid any long sleeve or fleece pajamas to avoid overheating.





Super Seniors Shout Outs (Steven and Jordan)

- Super Seniors had an amazing second week of the session! We played lots of Ga-Ga ball, shot bullseyes in Archery, and have been working hard on our woodworking projects! This week we showed off our barnyard costumes and dressed up in celebration of World Cup Day! We ended the week with our hot dog cookout as we cheered on our counselors competing in minute-to-win-it challenges.
- Our Unit Choice for next Wednesday 7/26 is Western Wednesday!

- The NO SCREEN CHALLENGE! Formerly known as the “NO TV CHALLENGE”, this is a great Super Seniors tradition that starts on Monday July 24th at camp and ends Thursday July 27th when the Super Seniors go home. Campers who are interested in taking on the challenge are encouraged not to use any electronics for 4 days. This includes computers, tablets, smartphones, smart watches, video games, VR headsets, and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.



Senior Quest and Legend (Annie, Matt, and John)

- **ATTENTION: Seniors needs your help!** For the Senior Quest Late Night (July 25th), we will be building rafts out of recyclable materials. We need intact and clean plastic jugs, as many as possible. With these, we can construct vessels capable of tackling the gnarliest seas.



Senior Quest Quips (Morgan)

- This week, Senior Quest campers conquered several activities in their camp journeys. We battled for castle points playing human Hungry Hungry Hippos. We braved the bomberball courts once more and gave all time great performances in lip sync challenge for the ages at Livestock. We even ate more hot dogs as a collective than the legendary Joey Chestnut could. Our second week of camp was a magnificent triumph and we hope to top it with an even grander final week!
- Our Unit Choice for next Wednesday 7/26 is Career Day!
- Quest Lake Trip is Monday 7/24. Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona.
- What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), a towel, sunscreen, bug spray, and of course lunch.
- Quest Evening is Tuesday 7/25 and is a wonderful way to spend an evening on our campus.
- Details: Quest campers will enjoy a group activity, take a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time, sing some ol' camp songs and finish the night with... what else...s'mores! Rain or shine, we plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00pm.
- Pick-up will be at 8:30pm at the carpool location. No bus service!
- Any evening medication must be turned in to a counselor in the prescribed container with any instructions needed. If needed, please fill out and turn in the medication release form found on our website at this [link](#). You may email it back to camp@highmeadows.org or print it and turn it in to a counselor.

LATE NIGHT MENU

- Pre-Dinner snack: fruits, chips, crackers.
- Dinner: sandwich bar/ peanut butter & jelly sandwich alternative.
- Dessert: S'mores.



Senior Legend Lore (Tyler)



- Senior Legend had a busy mid week of third session. During Senior Activity, we've rotated to different group games and unique activities led by counselors. We really enjoyed the lake on Wednesday we built sandcastles and cooled off from the scorching weather. The overnight on Thursday was also a blast. Although storms prevented us from swimming, we had a very close game of camper vs. counselor soccer (the counselors narrowly won) followed by dinner and a laughter filled time playing improv games in the Barn Theater and glow in the dark capture the flag in the community center, and we witnessed a special camp lore ceremony before heading to bed. After enjoying donut trivia this morning and hot dogs for lunch, we capped off the week at Livestock! Two down, one more to go!
- Our Unit Choice for next Wednesday 7/26 is Shrek Day!



CIT

CIT Corner (Danielle)

- The CITs had a stupendous week! We worked with new friends in all units, honing our leadership skills and youth development techniques. We rocked out the sandwich extravaganza at the Senior Legend overnight and shoed off our superb serving skills at the hot dog cookout. An exhilarating end to a very busy week!



ACKNOWLEDGEMENT

- As you may have heard from your campers or noticed through additional cars on campus, we had a special group of people that joined us for this week. Camp Kudzu, a camp for children with diabetes, came with their own staff and 48 campers to enjoyed the magic that is our campus. While their direct interaction with our campers was limited, we appreciate our campers and staff for showing cooperation and sharing our campus with them.