



# HIGH MEADOWS HAPPENINGS

6-2-2023

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## Today was Sports Fan Day!

Calendar of All Camp events:

- Wednesday June 7th is **Alphabet Soup Day**.
- Friday June 9th is **Decade Day** as well as our all-camp hot dog cookout.



### -COOKOUT MENU

- HOT DOGS
  - REGULAR
  - KOSHER
  - VEGETARIAN
- CHIPS
- CARROTS
- COOKIES
- JUICE/ WATER

## Place Highlight: Camelot

**Camelot**, located on the high meadow, is the meeting location for Senior Quest, our unit comprised of rising 5th and 6th graders. In keeping with the medieval themes emphasized in Seniors, it is named after the castle from Arthurian legend. In the center of Camelot sits the Camelot Cairn, made out of stones recycled from a well that dates back to when the campus was a farm. Questors begin each morning by hanging the shields of their respective castles (cabins) on the cairn's hooks. New this year, Camelot has received upgraded seating, with new benches replacing older logs. See below for a before and after.

### Nurse's Nook

- Please remember to send water bottles with your children every day!
- Remind your children to re-apply sunscreen throughout the day.



**About this year's camp shirt design:** This year's camp shirt is a re-print/ re-coloration of the camp shirt from summer 1993. The original 1993 shirt was co-designed one of our founders, Jay Dickerson, and our printer, Charles Efune, and is the first High Meadows shirt to feature the word "camp" on it. The original is on the left and this year's is on the right.



## Value of the week: CONFIDENCE

- This past week, our value was CONFIDENCE.
- High Meadows campers have confidence in their skills and ability to explore and express themselves.
- High Meadows campers have the confidence to work and problem solve independently and have pride in their accomplishments.
- High Meadows campers have positive attitudes and enthusiasm and celebrate the differences in others.
- We emphasize confidence at the beginning of the summer in order to encourage campers to try new things and to have a positive attitude that sets the tone for their experience at High Meadows Camp.
- We hope that you take the time to discuss this and the other upcoming values of the week with your camper.



## Grasshoppers Gazzette (Richard)

- Grasshoppers had a wonderful first week discovering new things, meeting new friends (both human and animal), and went swimming every day. We can't wait till next week!



## Juniors Journal (Hannah, Ashley, and Sydney)

- Juniors had a great first week! We met our new counselors and camper groups, started riding ponies,, played a lot of Ga-Ga ball, and celebrated Sports Fan Day with our favorite gear. We are so excited to see our friends again for Week 2! Please send in a white shirt for tie-dye during the last week.



## Super Seniors Shout Outs (Jennifer and Steven)

- Super Seniors had a rockin' good time this week! We played Zebratonicus, Ga-Ga, and soccer. Campers molded their clay and began sanding their woodworking projects. We worked on and performed skits, visited the water garden, and climbed the Chicken Tree, We sang Tom The Toad, Ding Dong, and the Underwear song. Woo! What a week!



## Senior Quest Quips and Legend Lore

All Seniors announcements (Annie, Matt, Morgan, and John)

- Today was the first **LIVESTOCK** of the summer! Livestock takes place each Friday in the Barn Theater for Seniors campers and counselors who want to show off their talents, sing songs, and have skit challenges.

## Senior Quest Quips (Tina)

- Senior Quest had an exciting start. Our campers were happy to be able to pick their own classes. We had a friendly lip syncing castle challenge at Livestock and participated in games such as Ga-Ga, Kickball, and Capture the Flag during Senior Activity. Remember to drink water and apply sunscreen. We look forward to another fun-filled week!



## Senior Legend Lore (Tyler)

- Senior Legend had an excellent start to the summer. During Senior Activity, we've played Human Capture the Flag, Ga-Ga, and Kickball. We eagerly await a fun action-packed second week!



- Legend's Lake Trip is Wednesday 6/7. Campers will load up on a bus and make the short drive to Victoria Beach at Lake Allatoona. Campers will arrive back at camp in time to go home via their normal mode of transportation.
- **What to bring:** close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water). towel. sunscreen. bug spray. water bottle and lunch.
- Legend's Overnight is Thursday 6/8. This is a wonderful experience spending a night on campus under the stars.
- **Details:** Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of camper vs. counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the counselors and CITs, enjoy some down time with games in the Barn Theater and dessert, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!
- **What to bring:**
  - a mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/ spoon) for dinner and for the cookout on Friday.
  - sleeping bag, pillow, sleepwear, and toiletries.
  - attire for Decade Day.

- any evening/morning medication must be turned into a counselor in the prescribed bottle along with any instructions needed. Please fill out and turn in the Authorization for Medication Form found at this [link](#), which you may email to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print and turn it in to a counselor.
- No need to bring a second lunch on Thursday, as we will be having the all-camp cookout on Friday afternoon.

### Overnight Menu

- Pre-dinner snack.
- Burger bar for dinner.
- Popsicles for dessert.
- Cereals, fruits, and of course.. donut trivia for breakfast.

# CIT

## CIT Corner (Rey and Danielle)

- The CITs had a phenomenal first week back at camp. We worked on team building activities and leadership skills. We learned to trust one another during the blindfolded challenge course and how to give quality directions. We also enjoyed our first unit assignments and applied what we learned in our interactions with cameprs and counselors. We look forward to continued growth and development.



- Don't forget to "like". High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.



### Carpool tip:



- To avoid waiting in line, arrive at 9:15 for drop off and 4:15 for pickup. Cruise right through! If you do wait in line, please remember – **NO IDLING** - little lungs at work!