

HIGH MEADOWS HAPPENINGS

2025 Camp Newsletter



Session 2, Week 1
June 23-27, 2025

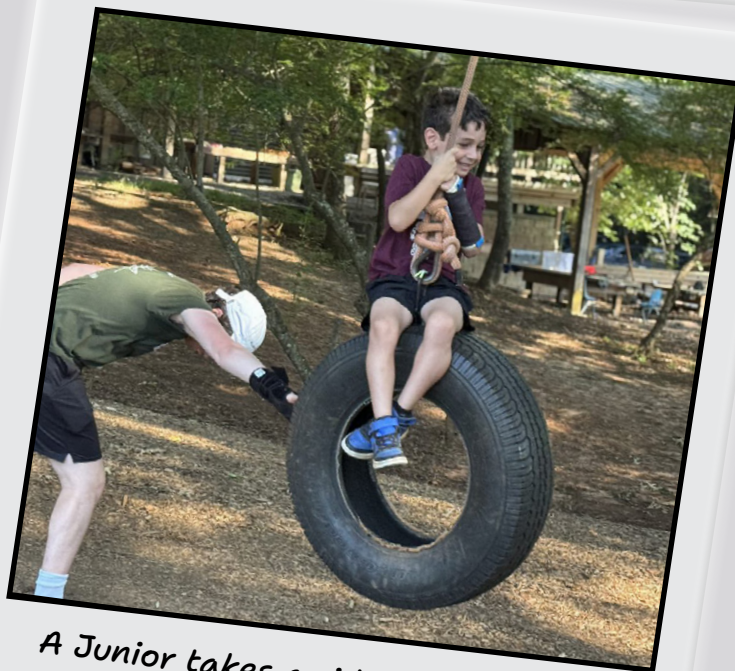
THIS WEEK AT CAMP



Super Seniors enjoy building a fort .



Games of kickball are always intense!



A Junior takes a ride on the Tire Swing with a push from his counselor.



The water mister helped Grasshoppers cool off!



A Grasshopper and a specialist draw the Tire Swing.



Juniors pet Roger.



Time to go bananas!



Super Seniors play Tetherball!



Our counselors went all out for banana/bandana theme day!



What great attire for theme day!

SPOTLIGHTS & VALUES

New Animal Spotlight: Maple & Mint, Ollie, & Tinkerbell

Maple (brown-haired) and Mint (white-haired) arrived before the start of the spring semester when Maple was just five weeks old and Mint was six weeks old. They are Katahdin lambs and are featured in the far-left photo.

Ollie (left) joined us in the fall of 2024 and is loved by our campers. Ollie is a blonde Quarter Horse, and you will often spot him exploring the Lower Meadow or giving pony rides. He is 29 years old and came to us from Barnyard Manager Katie Kerner's farm.

Tinkerbell (right) is a 19-year-old Welsh Pony and will be one of our barnyard members through July.



Value of the Week: Respect

During the first week of Session 2, campers learned about respect. High Meadows campers show respect in several ways, including:

- Respect for others through positive interactions.
- Respect for ourselves by caring for our physical well-being.
- Respect for nature through our commitment to protecting the environment.
- Respect for our history by honoring our community traditions.



SPOTLIGHTS & VALUES

Staff Spotlight: Nurse Deanna

Nurse Deanna is one of our school/camp nurses who works at High Meadows year-round. A trained pediatric Nurse Practitioner, she first became involved with High Meadows as a camp nurse in the summer of 2008 when her now-adult daughter began attending camp. She worked as a camp nurse for seven years while also working at a local pediatrics office during the rest of the year, before taking a career break for a few years.

In 2018, she returned to High Meadows as an Arts & Crafts specialist for one session before returning to the clinic—first as a camp nurse and substitute nurse during the school year—before joining the High Meadows community full-time in late 2019. This year, she is celebrating 15 summers working at High Meadows. In her spare time, she enjoys baking and traveling (especially abroad, as her daughter now lives in Japan).



Blackbeard's Story

Our barnyard is full of horses, ponies, a donkey, bunnies, chickens, sheep, and goats! While all of our animals are special, Blackbeard's story is unique. Blackbeard is a six-week-old Easter Egger Copper Maran. Named after the pirate Blackbeard, our lovable chicken has only one leg after being attacked by a chicken just two days after birth.

Rest assured, this attack did not happen at High Meadows Barnyard Manager Katie Kerner rescued him and brought him to the gorgeous barn at High Meadows. He is thriving as part of the High Meadows School & Camp family.

June 30 - July 4, 2025

12:00

Tuesday, July 1
Tie Dye Day

Tuesday, July 1
Senior Legend Lake Trip

Wednesday, July 2
Senior Legend Overnight

Thursday, July 3
Red, White, & Blue Day

Thursday, July 3
Hot Dog Cookout

Friday, July 4
NO CAMP

***Mark your
calendars
for these
Week Two
Events!
There is no
camp on
July 4.***

HOT DOG COOKOUT MENU

Hot Dogs

(Kosher / Halal / Vegetarian
options available)

- CARROTS
- CHIPS
- COOKIES

UNIT UPDATES

Grasshopper Gazette (Richard)

Grasshoppers had a fantastic time at camp this week! We got to know our fellow campers and counselors through a variety of get-to-know-you games and activities. In Arts & Crafts, we sculpted our favorite barn animals out of clay. To cool off, we took a dip in the pool and played Water Weasel. In Nature, we began discovering camp magic by crafting our own fairy wands. In Discovery, we learned all about volcanoes and even got to make our own. We're ready to hop into week two!



We have openings in Grasshoppers (Rising K) for session three.

[Register here!](#)



Juniors Journal (Sydney & Kayla)



Juniors had an exciting first week of second session meeting our counselors and new friends. We got to tour the barn to see some animals and made group posters for our building. We made clay creatures in Arts & Crafts and volcanoes in Discovery class! We cooled down at the pool and splashed around during Water Weasel. We played games like kickball and poison dart frog, and got plenty of time on the tire swing. We finished off the week by wearing some bandanas and eating some bananas, and we can't wait for another awesome week at camp!



Super Seniors Squad (Jennifer & Steven)

Super Seniors had a fabulous first week! We learned how to play Water Weasel, Zebratonicus Tag, Bomber Ball, and Poison Ivy Tag. We got our camp shirts and wore them with pride! Campers began their woodworking projects and created adorable clay animal figurines during Arts & Crafts. Campers have also been learning the ingredients to Mrs. Murphy's Chowder in order to race each other during the song. In Discovery, we made binoculars and learned about erosion by creating mountains out of sand. Finally, we sported our favorite bandanas for our first dress-up day of the session. What a super-fun week!



Senior Quest Quips (Morgan)

Senior Quest had an unreal first week of session two. We made new friends and reunited with old friends. Campers forged independence as they made their way to classes they chose. We played games together outside and kept cool in the shade before capping the week with a show-stopping Livestock. We're hoping the next week is as great as this one!



Senior Legend Latest (Tyler)

Senior Legend had a legendary first week of camp! We kicked off the session by letting our campers craft their own schedules during our "Running of the Bulls." Throughout the week, we played Bomber Ball, Water Hot Potato, and Zebratonicus Tag. At today's Livestock, the Legend campers created their own skits re-imagining High Meadows as a reality TV show. We beat the heat and can't wait for an action-packed schedule next week!

The lake trip is Tuesday, July 1. Senior Legend campers will load up on a bus and make the short drive to Red Top Mountain Beach. Campers should bring: closed-toed shoes with heel straps (old tennis shoes or Keens are best for protecting feet in the water), a towel, sunscreen, bug spray, and lunch.



The Senior Legend Overnight is Wednesday, July 2. It's a highlight of camp! Please bring:

- A mess kit (we encourage reusable plastic) for dinner and for the cookout on Friday
- A sleeping bag, pillow, sleepwear/toiletries, and attire for Red, White, & Blue day on Thursday.
- Any evening/morning medication must be turned into a counselor in the prescribed bottle along with any instructions needed. Please fill out and turn in the Authorization for Medication Form found at this [link](https://www.highmeadows.org), which you may email to camp@highmeadows.org or print and turn it in to counselor.

See the next page for the overnight menu, including a burger bar for dinner!



CIT Corner (Rey & Danielle)



CITs had an amazing first week of the second session! We visited units and spent time getting to know our new campers. The CITs participated in team-building activities and are looking forward to continuing to hone our skills as potential future counselors.



SENIOR LEGEND OVERNIGHT

MENU

JULY 2, 2025

Dinner

**Burger Bar or a Peanut/Peanut-Free Butter
& Jelly sandwich alternative)**

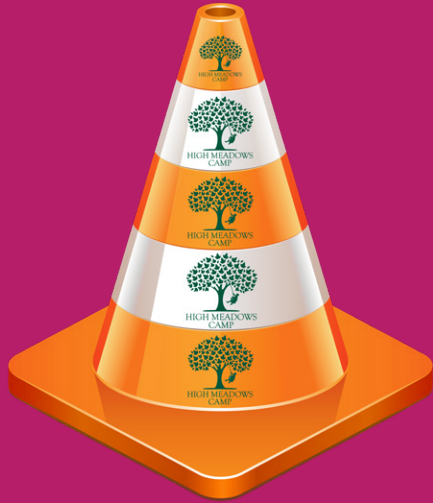
Dessert

**Popsicles and/or
Ice Cream Sandwiches**

Breakfast

**Assorted Fruits
Cereals
Donuts**

CAMP OFFICE REMINDERS



Important Carpool Announcement

Parents and guardians, our security officer directs traffic on Willeo Road during camp carpool to make it a smooth, quick process. We know your children are eager to get to camp and just as eager to tell you about their day when it's over! Please assist our officer by using your turn signals, and please use both lanes when entering the driveway. Thank you!



Follow us on Social Media & Stay Connected



High Meadows Camp
AND High Meadows
School are both on
Facebook & Instagram.
Follow us!

Need to Contact Us? Call
(770) 993-7975 or email
camp@highmeadows.org.



HIGH MEADOWS SCHOOL

*Join us for a virtual info session
on Tuesday, July 1 at 12:00 p.m.*

Want your child to experience a school where joy, wonder, and discover take place every day across 42 acres of historic farm property and in classrooms? Make plans to attend our virtual info session!



[Click here](#) to register for our virtual session.



Join us on July 1 at 12:00 p.m. [using this link.](#)



“ We chose High Meadows because of its reputation for high academic performance and progressive, outdoor-based education. We also value the school’s focus on inclusion and exposure to a variety of cultures and backgrounds. ”

— HMS Parent