

HIGH MEADOWS HAPPENINGS

2025 Camp Newsletter



Session 2, Week 2
June 30-July 3, 2025

THIS WEEK AT CAMP



Rey and a Grasshopper build a volcano!



Super Seniors work on the garden by the Upper Meadow.



Take a walk on the Meadow with me! Could that be a song title?!



What a great effort on the archery range!



Counselors enjoy the Senior Legend Lake Day!



Playing games during the Hot Dog Cookout!



Just floatin'



Cup stacking games are intense!

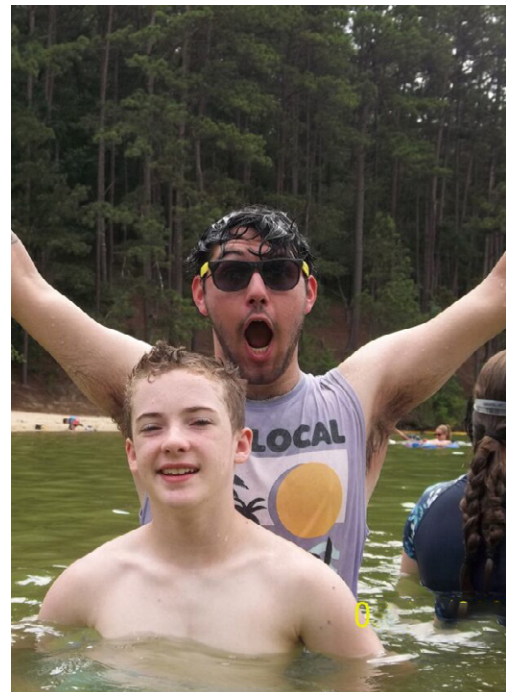


Juniors climb a tree and share a laugh!



A Senior Legend touches up her clay animal.

SPECIAL EVENTS





SPOTLIGHTS & VALUES

Sports Class & Jones Gym



For our youngest campers in the Grasshoppers, Juniors, and Super Seniors, Sports class is all about spirited participation and shared fun. The program centers on lively group games, all designed to build camaraderie and coordination. This approach fosters a love of movement and cooperative play, creating a foundation of teamwork before campers transition to more structured challenges. The program then transitions for Senior campers, where the class allows them to pursue personal growth and athletic achievement through the Knighthood Program. The class develops a range of skills, including cardiovascular endurance, calisthenics, and sport-specific techniques. As campers advance, the requirements become progressively more difficult. The journey begins with foundational skills at the Page and Squire levels, such as shorter-distance runs and introductory sports drills. The challenges then intensify for the Sentry level, where campers must run a mile in eight minutes and perform multiple pull-ups. To achieve the final Knight level, campers must demonstrate comprehensive mastery by running two miles in 17 minutes, performing a muscle-up on the high bar, and leading an entire game for their peers.

Most of the Sports classes meet at Jones Gym, which is not actually a gym, but an open-air structure located on the low meadow adjacent to the soccer fields. It was named after Bob Jones (pictured), the original sports counselor in the 1970s and 80s, who wanted a gym for camp. Although it has been rebuilt and its location has changed several times, its name and purpose have stayed the same. The current structure was built in the spring of 2009 as an Eagle Scout project.

Value of the Week: Independence

This week, our value was independence, which of course is fitting that we celebrate Independence Day tomorrow! At High Meadows Camp, campers have the skills and the freedom to explore, be creative, and problem-solve independently. High Meadows campers practice personal responsibility and self-advocacy. Each individual gains the confidence to express themselves while respecting the thoughts, opinions, and individuality of others.



SPOTLIGHTS & VALUES

Construction Spotlight: Meadow Hall

For the first time in nearly 30 years, there is a new academic building on High Meadows School's campus! This gorgeous new structure, affectionately named Meadow Hall, sits behind the Community Center and features a 6,367-square-foot interior and a 1,000-square-foot patio and deck. The building includes space for Middle Years and Environmental Sustainability classes, as well as office space and areas for community events. The High Meadows community raised more than \$2.37 million, and the building will be completed debt-free.

As construction wraps up, crews are adding the final interior finishes to get the building ready to host students, families, and guests by the start of the 2025–2026 school year. We look forward to using the large deck and patios next summer for camp classes and gatherings.



Activity Highlight: Lake Trip History



Since the early days of camp, taking campers off campus to cool off in natural water has been a core part of the High Meadows Camp experience. In the 1980s, when the camp was smaller, founder Bill Crawford personally led groups to Willeo Creek. The picture shows Mr. Crawford and Jennifer Lott with campers at Willeo Creek in 1983. As the surrounding area developed over time, Senior campers began heading to “Edge of the World” at Amicalola Falls for river trips. More recently, Quest and Legend campers have taken separate trips to various beaches at Lake Allatoona. Although the destination has changed over the years, campers continue to create lasting memories through this quintessential summer tradition.

July 7-11, 2025

12:00

Monday, July 7
Senior Quest Lake Trip

Monday, July 7
Super Sr. No Screen Challenge

Tuesday, July 8
Senior Quest Late Night

Wednesday, July 9
Unit Choice Theme Day

Thursday, July 10
CIT Overnight

Friday, July 11
Water Carnival Day

***Mark your
calendars
for these
Week
Three
Events!***

UNIT UPDATES

Grasshopper Gazette (Richard)

Grasshoppers had a spectacular second week of the session! Campers played exciting games, created imaginative crafts, and shared countless laughs. During Sports, campers and counselors played lots of Ga-Ga ball. In Discovery, we inspected different types of clouds and learned about the water cycle through fun experiments and also crafted houses for our rubber duck friends. We discovered camouflage and played fun scavenger hunt games in Nature and tapped into our creativity and created our own monster puppets and painted our clay sculptures in Arts & Crafts. In Traditions, we fashioned our own bracelets and necklaces in Traditions. To end the week, we relaxed with the rest of camp, munching on hot dogs and other yummy snacks at the Hot Dog Cookout! Bring on Week 3! Our Unit Choice Theme Day for Wednesday is **Favorite Color Day**.



Juniors Journal (Kayla & Olivia)

We had such an exciting Fourth of July week with our Juniors! We kicked off the fun with Water Weasel, a perfect way to cool off in the summer sun while sharing lots of smiles and splashes with friends. One of the highlights of the week was our Hot Dog Cookout, where campers cheered on their counselors as they competed in silly challenges and games and enjoyed tasty hot dogs. Throughout the week, we played kickball and capture the flag, where campers showed incredible teamwork, sportsmanship, and energy. Don't forget, Juniors will be tie-dying shirts next week! Be sure to bring a white shirt so you can create your own colorful camp memory to take home with you. We are so proud of our Juniors for making this week special, and we can't wait for another week filled with laughter, friendship, and fun as we continue to grow and learn together at camp! **Our Unit Choice for next Wednesday 7/9 is Disney/Pixar Day!**



Super Seniors Squad (Jennifer, Steven, & Demi)

Super Seniors had a rock-solid week of fun! We made targets out of balloons to sharpen our archery skills. Campers scaled the Chicken Tree, visited the bullfrog and goldfish in the water garden, and hunted for camouflaged stuffies in the woods during Nature class. In Discovery, we learned which materials are more buoyant by fashioning boats and testing them in a wading pool. Our woodworking projects are taking shape, along with our dexterity using the different tools. Campers played Ga-Ga Ball, "Giants, Wizards, Trolls," and Blob Tag during Sports. We all enjoyed a hot dog lunch while watching counselors compete in Minute-to-Win-It games at the cookout. Super Seniors also painted their unique clay figurines and created colorful weavings in Arts & Crafts. To top it off, campers got to swim with their counselors, playing volleyball and catch together in the pool. It's hard to believe we packed so much fun into just four days! **Please note: Our Unit Choice dress-up day next Wednesday will be Halloween Costume Day.**

The NO SCREEN CHALLENGE! This is a Super Seniors tradition that starts on Monday, July 7 and ends Thursday, July 10 when the Super Seniors go home. Campers interested in taking on the challenge are encouraged not to use any electronics for four days. This includes computers, tablets, smartphones, smart watches, video games, VR headsets, and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.



Senior Quest Quips (Morgan)

Senior Quest had an exemplary second week of second session. We had an extravagant Quest Day while Legend was at the lake, which ended with a historic game of Social Ball. Our campers showed off impressive tie-dye fits for Tie-Dye Day and spectacular red, white, and blue fits for Red, White, and Blue Day. We capped the week with some sizzling franks at the Hot Dog Cookout, courtesy of Rangemaster Rob and Space Tyler. We also watched our counselors compete in Minute to Win It challenges, where we took home the title—beating out the other units—before a true showstopper of a Livestock. Our campers had an astounding week, and we can't wait to be back for Week 3! **Our Unit Choice for Wednesday is Star Wars Day!**



Senior Quest Lake Trip: The lake trip is Monday, July 7. Senior Quest campers will load up on a bus and make the short drive to Red Top Mountain Beach. Campers should bring: Close-toed shoes with heel straps (old tennis shoes or water shoes are the best for protecting feet in the water), a towel, sunscreen, bug spray, and of course lunch.

Senior Quest Late Night: The late night is on Tuesday, July 8 for Senior Quest campers. They will enjoy a group activity, take a dip in the pool, eat a meal prepared by the CITs, enjoy some down time, sing some ol' camp songs and finish the night with...what else...s'mores! Rain or shine, we plan on having a great time!

SENIOR QUEST EVENING

MENU

JULY 8, 2025

Pre-Dinner Snack

Chips, Crackers, & Fruit

Dinner

Burger Bar or a Peanut/Peanut-Free Butter & Jelly sandwich alternative)

Dessert

S'mores

Senior Legend Latest (Tyler)

Senior Legend's second week was action-packed. On Wednesday, we headed to Lake Allatoona for a fun-filled day of swimming and sandcastle building, a welcome escape from the heat. The overnight adventure began with a spirited soccer match between campers and counselors. After relaxing at the pool, we savored tasty burgers courtesy of our CITs,



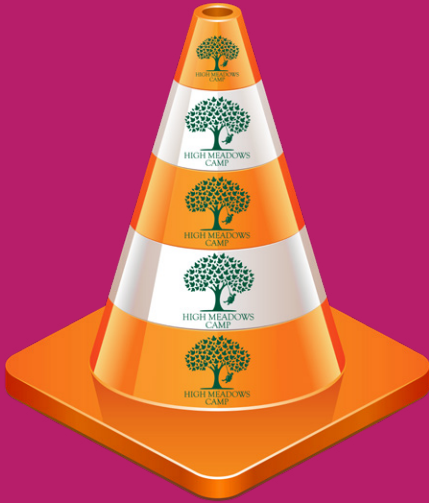
cheered on friends in the archery tournament, and had a blast playing team trivia. The night culminated in a memorable ceremony put on by our peers and counselors. At sunrise, we fueled up with donuts and more trivia, then spent the day playing games, celebrating Red, White, and Blue Day with hot dogs, and wrapping up with Livestock festivities. Bring on Week 3! **Our Unit Choice for Wednesday is Star Wars Day!**

CIT Corner (Rey & Danielle)

CITs have had an amazing second week as we flipped into the Legend overnight with burgers and good vibes. We spent time within every unit, enjoying the summer heat and the cool pool. We rocked out at the Hot Dog Cookout, celebrating America's great landmarks and sharing laughs. Week 3, here we come.



CAMP OFFICE REMINDERS



Traffic Flow Announcement

Parents and guardians, Please help ease our carpool line and subsequent traffic backup on Willeo Road by not arriving on campus prior to 8:50 a.m. and 3:50 p.m. To avoid waiting in the driveway line, we suggest arriving at 9:10 a.m. and 4:10 p.m. Thank you!



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