

Session 3 - Week 2: July 20th -24th, 2026

High Meadows Camp Happenings

Person Spotlight: Lisa

Lisa is our Camp Experience Coordinator and is celebrating her tenth summer working at camp. She adds sparkle and whimsy to our campus and decorates for all the cool theme days. She also manages supplies needed for our programs. Lisa first got involved with High Meadows as a parent, as her now adult old son attended for both school and camp all the way through, completed the CIT program, and worked a few summers as a Juniors counselor. Lisa worked at camp while her son attended before taking several years off, returning in summer 2023. She has also spent the last few school years working as an assistant in the High Meadows forest Kindergarten program as well as in the after school Stay-N-Play program. And just last year, her husband George joined the High Meadows family as Facilities and Grounds Coordinator. Lisa helps spread joy and beauty at High Meadows!



Place Spotlight: Kat's Landing

Kat's Landing is a forest learning space down Shadowfox Trail. Named in honor of Katherine "Kat" Pebworth, the first camper ever knighted at High Meadows Camp in 1982. The special area reflects our longstanding traditions of exploration, growth, and discovery. Designed to support outdoor learning and adventures, Kat's Landing provides students and campers with opportunities to connect with nature, engage in hands-on experiences, and develop a deeper understanding of the world around them. The creation of spaces like Kat's Landing also allows other areas of the forest time for renewal, teaching students the importance of stewardship and caring for the land. Through exploration and play, children build confidence, communication skills, teamwork, and a sense of ownership while discovering the many possibilities nature provides. Pebworth herself shares: "I am very humbled and honored to have an outdoor learning place named after me."



Next Week at Camp

Monday, July 27th

- Senior Quest Lake Trip (weather and conditions permitting)!

Tuesday, July 28th

- Senior Quest Late Night!

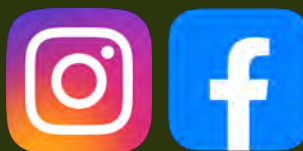
Wednesday, July 29th

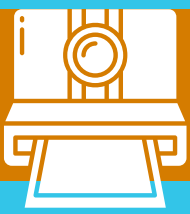
- Unit Choice Theme Day! (details below)

Friday, July 31st

- Origin Trail Day! / Last day of Summer 2026!

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram at @highmeadowscamp to keep up with the latest announcements and camp news!





MEADOW MOMENTS



From left to right: campers in Grasshoppers brush Tinkerbelle the pony, Super Seniors campers pose for a picture in the pool, Juniors campers feed Lucky Bunny.



Seniors campers doing a blindfolded team-building activity in Odyssey.



Campers in Super Seniors (top) and Juniors (bottom) cool off playing Water Weasel.



Grasshoppers campers having fun with their counselor at Discovery.

TODAY WAS FAIRYTALE FRIDAY!



PLUS OUR HOT DOG COOKOUT!



WEDNESDAY WAS DECADE DAY!





QUICK ANNOUNCEMENTS:

- Parents and guardians, Please help ease our carpool line and subsequent traffic backup on Willeo Road by not arriving on campus prior to 8:55 a.m. and 3:55 p.m. To avoid waiting in the driveway line, we suggest arriving at 9:10 a.m. and 4:10 p.m.
- Please help out our security staff by making sure to use your blinker when entering and exiting campus!
- If your child needs to be buckled in, please pull to the end of the line so we can keep the rest of the line moving.
- If your camper needs to leave early, please call or e-mail (cbrinker@highmeadows.org) Chad a day in advance so that they ready and waiting for you when you arrive.



GRASSHOPPERS GAZETTE

WEEK RECAP: RICHARD

Grasshoppers had an incredible second week of third session! We deepened friendships and dove into exciting adventures, from painting clay in Arts & Crafts to exploring new discoveries. The week was packed with thrilling sports games and special moments learning about animals. As we approach the final week of the session and the summer let's make it unforgettable!

COMING UP: For next Wednesday, July 29th, our Unit Choice is Character Day!



JUNIORS JOURNAL

WEEK RECAP: KAYLA & LIV

Oh, what a magical week at camp it was in Juniors! Campers beat the heat during Sports by teaming up to soak their counselors in an exciting water gun battle! During Traditions, we shared stories about camp creatures and sang our favorite camp songs together. In Nature, we hiked down Shadowfox Trail where campers used their imaginations to build enchanting fairy houses. During Discovery, campers were challenged to design creative marble mazes. In Arts & Crafts, campers painted clay masterpieces and sketched beautiful trees inspired by nature. We ended the week with a delicious hot dog cookout and lots of laughter as we watched our counselors compete in exciting Minute to Win It games! We cannot wait to see what our last week holds!

COMING UP: For next Wednesday, July 29th, our Unit Choice is When I Grow Up/ Career Day!



SUPER SENIORS SNAPSHOT

WEEK RECAP: STEVEN

Super Seniors had another phenomenal week! In Discovery, we played with bubbles and crafted intricate marble mazes. In Nature class, we went on an adventure down Shadowfox Trail and also played the bone game. In Arts & Crafts, we painted our clay sculptures as well as trees with vibrant colors. On the sports field, we played n Ultimate Football, Water Weasel, Blob Tag, and Capture the Flag. Group time was filled with laughter as we sang classics like Tom the Toad, Boom Chicka Boom, and Princess Pat. We also sharpened our aim in Archery and made impressive progress on our Woodworking projects. What a week!

COMING UP: For next Wednesday, July 29th, our Unit Choice is Camper-Counselor Switch Day!

- The **NO SCREEN CHALLENGE!** Formerly known as the "NO TV CHALLENGE:" this Super Seniors tradition starts on Monday July 27th at camp and ends Thursday July 30th when the Super Seniors go home. Campers who are interested in taking on the challenge are encouraged not to use any electronics for four days. This includes computers, tablets, smartphones, smart watches, video games, VR headsets, and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.



SENIOR QUEST QUIPS

WEEK RECAP: MORGAN

Senior Quest had an incredible second week of third session. We built on week one by strengthening the community in Seniors. We celebrated a lively Quest Day while Legend was at the lake where we played a thrilling game of Social Ball. Campers continued to pursue their knighthood goals in between riveting games of Doctor Dodgeball and Kickball. We closed the week with an unforgettable hot dog cookout and a wonderful Livestock. We're excited for a restful weekend and looking forward to week three!

COMING UP

Tuesday, July 28th: The Senior Quest Late Night

Details: Quest campers will enjoy a group activity, take a dip in the pool, eat a meal prepared by the CITs, enjoy some down time, sing some ol' camp songs, and finish the night with... what else...s'mores! Rain or shine, we plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00pm. Pick-up will be at 8:30pm at the carpool location. No bus service!

IMPORTANT: Any evening medication must be turned in to a counselor in the prescribed container with any instructions needed. If needed, please fill out and turn in the medication release form found on our website at this [link](#). You may email it back to camp@highmeadows.org or print it and turn it in to a counselor.

LATE NIGHT MENU:

Pre-Dinner snack:

fruits, chips, crackers.

Dinner: sandwich bar/
sunflower butter &
jelly sandwich
alternative.

Dessert: S'mores.

- Our **Unit Choice** for next Wednesday, July 29th is Camper-Counselor Switch Day!

The Senior Quest Lake Trip: Monday, July 27th

Assuming favorable weather and water conditions, Senior Quest campers will load up on a bus and make the drive to Lake Allatoona. Campers should bring: closed-toed shoes with heel straps (old tennis shoes or Keens are best for protecting feet in the water), a towel, sunscreen, bug spray, and lunch.



SENIOR LEGEND LATEST

WEEK RECAP: TYLER

Senior Legend had a fantastic second week of Session 3. We beat the heat with a beautiful day at scenic Red Top Mountain Beach at Lake Allatoona. We then had an unforgettable Overnight where we played soccer, ate delectable sandwiches, and had a thrilling archery tournament before capping the night with trivia and a lovely ceremony before getting plenty of rest for Friday. The week ended with delicious hot dogs and a delightful Livestock. We can't wait for week three!

- **COMING UP:** Our **Unit Choice** for next Wednesday, July 29th is Cartoon Character Day!



CIT CORNER

WEEK RECAP: DEE & TINA

The CITs completed another action-packed week centered on growth, teamwork, and unforgettable experiences. We supported every unit, encouraging campers and assisting counselors along the way. At the Legend Overnight, we stepped up by serving sandwiches to dozens of campers and staff, fueling everyone for a night of fun and connection. For Fairytale Friday's Hot Dog Cookout, we teamed up with Specialist staff to make it a hit—rain or shine! Additionally, we celebrated Alex, who graduated from the program after completing his reflection project.



NURSE'S NOOK



Please make sure your campers are wearing socks and sturdy close-toed shoes!

CAMP SONG OF THE WEEK: **It Ain't Gonna Rain**

It ain't gonna rain, it ain't gonna rain
It ain't gonna rain no more (no more),
It rained last night and the night before but it ain't gonna rain no more.



VALUE OF THE WEEK: **Cooperation**



This week our value was **COOPERATION**. The second week of Session 3 emphasizes cooperation, reminding us that while High Meadows Camp values individual achievement and experience, it also celebrates what we do together. The focus on cooperation is highlighted at the end of the week, with the All-Camp Cookout and the Minute-to-Win-It Challenges!

SHOUT OUT: HIGH MEADOWS SCHOOL

High Meadows School serves students in Pre-K3 through 8th Grade. High Meadows has a reputation for high academic performance and progressive, outdoor-based education. The school focuses on inclusion, and exposes students to a variety of cultures and backgrounds.

Call (770) 993-2940 or email us at www.highmeadows.org/visit to inquire today! Tour our 42-acre campus firsthand.

We can't wait to meet you!

