



High Meadows Happenings

6/16/2017 camp@highmeadows.org

This Week's News **770-993-7975**

- Calendar Events for all camp:
Wednesday 6/15 is Unit Choice Dress Up Day. See below for each unit's choice.
Friday 6/23 is Medieval Day, the last day of first session. Dress up as knights, dragons, wizards, and damsels!
- Today was our ALL CAMP COOKOUT and **ALOHA FRIDAY!**



- Wednesday was **DECADE DAY**



- **Creature Highlight:** The **Wampus Cat** has been spotted in the woods! He has been known to lurk around Wampus Cat Springs off the trail that follows the creek. He often sneaks up to Senior Legend to steal toothbrushes from unsuspecting campers on their overnight. Good luck campers, and keep your toothbrushes close by!



- **This week's value was Community!!**

High Meadows campers understand the value of community and illustrate this by practicing cooperation and understanding. The campers appreciate the diversity of our community and feel comfortable expressing themselves. The campers understand their responsibility to our global community and work to protect the environment and live sustainably.

Questions for parents to ask their campers:

- ~What is community? What does a community look like?
 - ~How do members of a community act?
 - ~How does it feel when you are part of a community?
 - ~What can we do to take care of and strengthen our High Meadows Camp community?
 - ~What responsibilities do we have as members of our community?
- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- We had a lot of fun making and eating Ants on a Log for snack today!
- We visited the fish pond on campus, where we learned about the plants and animals that reside there.
- Our Unit Choice for next Wednesday 6/21 is **Pajama Day**.





~ Kimmie

- We made tropical themed crafts in Arts and Crafts in celebration of Aloha Friday.
- We cooled off on the water slide on Thursday.
- Our Unit Choice for next Wednesday 6/21 is **Wacky Tacky Wednesday!**

Grasshoppers Snack Menu	Mon	19 th	Snack Necklaces
	Tues	20 th	Apple Doughnuts
	Wed	21 st	Frozen Fruit Pops
	Thurs	22 nd	G-hoppers on a log
	Friday	23 rd	Popsicles



~ Kaela, Mary, and Eddie

- We had our tea party on Tuesday. Juice and cookies were served.
- We tie—dyed shirt this week.
- Our Unit Choice for next Wednesday 6/21 is **Outer Space Day.**

Juniors Snack Menu	Mon	19 th	Fruit Cups
	Tues	20 th	Scavenger Hunt
	Wed	21 st	Dirt Cups
	Thurs	22 nd	Popcorn Bar
	Friday	23 rd	Popsicles



~ Jennifer and Rob

• The **NO TV CHALLENGE** ~ A great camp tradition that starts on Monday 6/19 at camp and ends Thursday 6/22 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, video games and of course, TV. At the end of the session, successful campers will be honored for



their dedication and group effort with a traditionally decorated feather.

- Our Unit Choice for next Wednesday 6/21 is Mud Day, so send your child with clothes they don't mind getting dirty.
- Our rising 4th grade campers had Launch Lunch with the Senior Quest campers to learn about Senior camp.
- We cooled off on the water slide on Thursday.



~ Annie, Tina, and Andy



- The Unit Choice for both Quest and Legend on Wednesday 6/22 is **Camouflage Day!**
- Legend had an amazing overnight and River Trip this week! Despite the unpredictable weather, we still had an amazing time!



- **Quest Lake Trip** is Monday 6/19, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen and bug spray.
- **QUEST EVENING** on Tuesday 6/20, is a wonderful way to spend an evening on our campus. Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out & turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/registration/forms>

You may email it back to camp@highmeadows.org, fax to 678-507-1189 or print and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)

Dinner: Snack provided, water & Juice

Taco bar

Peanut butter and Jelly sandwich alternative & of course, S'mores!!!



CIT Corner ~ Hannah and Warren

- Each week CITs will focus on a particular value that makes up High Meadows Camp as a whole. This extremely eventful week including Launch Lunch, the Senior Legend overnight and Aloha Friday Hot Dog Cookout has been a huge learning experience for the CITs! The CITs have worked very hard on their values projects, in their units and as a group. We are extremely proud of all of the dedication, passion and initiative that we have seen amongst the CITs this week. CITs have discovered individual strengths through several team-building activities, learned about positive discipline strategies as well as strategies for maintaining professional online presence and social media accounts through various life skills classes.



Pool Post! ~Lynda

- This week, the pool staff got recertified in Lifeguarding skills. A huge thank you to Jake for training, testing and recertifying our lifeguards. Jake was a camper at High Meadows from the age of 3. Currently (20 years later), he took a break from Anesthesiology Assistant school to come back and help ensure that our waterfront staff have the skills and knowledge to do their important job. The class was awesome. Pictured here is Jake in the center with his sister Amanda on the left and his brother Brandon on the right. All are former campers and staff members who achieved the level of Knight in the Knighthood program. Their mother Lynda is our Waterfront Director and has been a staff member for 30 summers.

