



# High Meadows Happenings

6/27/2014

[camp@highmeadows.org](http://camp@highmeadows.org)

## This Week's News



770-993-7975



- Calendar Events for all camp:

Thursday 7/3 is Red, White & Blue day & All Full-Day Camp Lunch Cookout!

Please make sure to send your camper with a reusable plate.

Friday 7/4 **NO CAMP** in celebration of Independence Day.

- **Special Event Highlight: The World Cup** - High Meadows has a longstanding tradition with promoting and playing soccer. On Thursday after lunch, we had a special all-camp activity where we gathered in the Community Center to watch the USA vs. Germany match.
- **New Place Highlight: THE PLAYSCAPE** - Ants camp was only held first session this summer so that construction could begin on High Meadow's newest feature, the Preschool Playscape. The Playscape is more than just a playground. In keeping with the spirit of High Meadows, it will be a nature-based discovery area filled with places to play, learn, wonder, and dream. The Playscape was designed by a landscape architectural firm who took input and ideas from High Meadows administrators, staff, faculty, and parents.



- **Class Highlight: Unit Discovery** – Starting this year, the project classes for Grasshoppers, Juniors, and Super Seniors has been replaced with a new activity: Unit Discovery. The focus for Unit Discovery is providing age-appropriate activities that promote learning through exploration and creative problem solving skills. In addition, each unit has their own special anchoring principle that direct the nature of the activities: “exploration” for Grasshoppers, “discovery” for Juniors, and “independence” for Super Seniors.
- A continued focus of camp each year is on the discussion of values. This week our value was **RESPECT**. High Meadows campers show respect:
  - for others, through positive interaction
  - for ourselves, by caring for our physical wellbeing
  - for nature, through our commitment to protect the environment
  - for our history, by honoring our community traditions



Don't forget to "like" High Meadows Camp on Facebook in order to keep up with the latest announcements and camp news.

### Grasshopper Gazette! ~ Marli

- On Thursday, we had a great time decorating our special Grasshopper Camp T-shirts.
- Today, we visited the Juniors for our Special Tea Party snack. Thanks for welcoming us, Juniors!



<b>GH &amp; JR Snack Menu</b>	Mon	1 <sup>st</sup>	Magic Wands
	Tues	2 <sup>nd</sup>	Grape Caterpillars
	Weds	3 <sup>rd</sup>	Trail Mix Scavenger Hunt
	Thurs	4 <sup>th</sup>	Graham Cracker Flags

### Junior Journal! ~ Allison, Olivia and Avery



- On Tuesday and Thursday of next week, we will be making tie dye shirts. Please send your camper with a white t-shirt and a gallon-sized ziploc bag by Tuesday of next week.
- Today, we had our Tea Party where we enjoyed juice and cookies. The Grasshoppers were so kind to join us for the fun!

### Super Senior Shout Outs! ~ Jennifer & Jake



- The Super Seniors love to sing camp songs! This week we have been working on two songs. In the spirit of the character word of the week, we have been working on the "Respect Song." Also, we have been practicing one of the most famous camp songs associated with Super Seniors, "Mrs. Murphy's Chowder."

## Senior Quest Quips & Legend Lore! ~ Cristina & Andy

**LIVESTOCK** takes place every Friday in the Barn Theatre for Senior campers and counselors who want to show off talents, sing camp songs or have skit challenges.



- **Legend River Trip** is Tuesday 7/1, Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River where we have been taking campers for decades for wading and shallow water play.

What to bring: Closed-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, and bug spray.

- **Legend Overnight** is Wed., 7/2. This night is a wonderful experience for all of us to spend the night at camp.

What to bring: 1 packed lunch

Water bottle

A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)

Sleeping bag & pillow

Sleepwear and toiletries

Clothing for the next day on the river



Any evening/morning medication must be turned into a counselor in the original prescription bottle and with any instructions needed. Please fill out and turn in the Medication Release Form found on our website = <http://www.highmeadowscamp.org/registration/forms> . You may email it to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print and turn it in to a counselor.

Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a whole group game, enjoy a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time with games in the Barn Theatre, maybe some old camp songs and finish the night with an American Indian Ceremony prepared by voluntary campers in the Wilderness classes. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

Dinner & Breakfast Menu: Vegetarian options will be available.

Dinner: Sandwich Bar!

We will be offering ham and turkey sandwiches with a wide variety of fixings and condiments. We will also be serving chips and fruit salad.

Breakfast: A variety of fruit

An assortment of cereals

A plethora of Juices & milk

And of course... Donut Trivia



- **Senior Quest**

- We have been enjoying the "Question of the Day" where the campers are challenged to answer questions based on High Meadows facts or random trivia.



### Nurse Nook

- \* Keep hydrated after camp too!
- \* Make sure to eat a good breakfast before coming to camp!
- \* Don't forget hats when it's hot and sunny!
- \* Please contact the nurses directly if you have any questions or health concerns. (678) 507-1180

