



High Meadows Happenings

6/29/2018 camp@highmeadows.org

This Week's News

770-993-7975

Limited space is still available for our 3rd Session this summer; if you are interested, register soon!



- **Calendar Events for all camp:**
NO CAMP ON WEDNESDAY, JULY 4th! Enjoy the holiday with your family!
Friday 7/6 is **World Cup Day!** as well as our All Camp Hot Dog Cookout
- **CARPOOL TIP:** To avoid waiting in line arrive at 9:15 for drop off and 4:15 for pickup. Cruise right through! If you do wait in line, please remember – NO IDLING - Little lungs at work!
- Today was **ALPHABET SOUP DAY!**



Construction Update: We sincerely appreciate everyone's patience as our campus construction starts winding down. Rainy weather set us back significantly from our original schedule, but we are now seeing progress and have been able to start using some of the areas. The parking lot expansion is complete, giving us much needed spaces to accommodate all of our staff and visitor vehicles. The basketball court will be ready for play next week as the last section of fencing gets installed. Our new Super Senior village has been in use all summer and offers an attractive and practical space for Unit gathering plus an extra castle for our Traditions classes. The barn, paddock, and farm animal shelters are just about complete also and we are looking forward to our animals coming home soon! Over 200 trees have been planted and new grass seed is growing well in areas impacted by construction (one of the benefits of all the rain we had).



- **This week's value was Respect!** We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

High Meadows Campers show respect:

- For others, through positive interaction
- For ourselves, by caring for our physical well-being
- For nature, through our commitment to protect the environment
- For our history, by honoring our community traditions

Questions for discuss with your camper:

- What did you learn about respect at camp?
- What does respect mean to you?
- How do you show respect at camp?
- How can you practice at home what you learned about respect?
- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Today, we made s'mores and learned the story of how they got their name.
- Please send in a plain white t-shirt with your camper by Monday 7/2.
- Reminder- Ants will NOT be participating in the All Camp Hot Dog Cookout next Friday 7/6, so please remember to pack a lunch.
- Reminder – Ants drop-off begins at 9:15. If you arrive prior, do not block

the drive. Please wait in a parking space



~ Dani

- We had relay races in Sports.
- We did balloon experiments in Nature.



Grasshoppers
Snack Menu

Mon 2nd
Tues 3rd
Wed 4th
Thurs 5th
Friday 6th

Frozen Fruit Pops
American Flag Fruit Skewers
NO CAMP
Candied Grapes
Rice Krispy Soccer Balls



~ Kaela, Celena, and Travis

- We took part in a campus-wide scavenger hunt on Monday.
- Please send in white t-shirts with your camper by next Monday 7/2, as we will be tie dying.



Juniors
Snack Menu

Mon 2nd
Tues 3rd
Wed 4th
Thurs 5th
Friday 6th

Spider Snacks
American Flag Fruit Kabobs
NO CAMP
Candy Grapes
Rice Krispy Soccer Balls



~ Jennifer and Ryan

- We have also been learning all of the traditional Super Senior Camp songs such as "God Bless My Underwear", "Tom the Toad", and "Darlin".



~ Annie, Tina, and Warren

- Today was the first **Livestock** of the session! Livestock takes place every Friday in the Barn Theatre for Seniors campers and counselors, who want to show off talents, sing camp songs or have skit challenges.



- Quest has been enjoying castle challenges including everything from riddles to dress-up challenges. One of the features of Camelot is the Camelot Cairn, a special pile of stones located in the meeting place of Senior Quest. The castle shields are hung from the cairn in a way that signifies progress in the castle challenges.

- Legend River Trip is Tuesday 7/3. Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River that we have been taking campers for decades for wading and shallow water play.



What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, bug spray, water bottle and lunch.

- Legend Overnight is Thursday 7/5. This is a wonderful experience spending a night on campus under the stars.

What to bring:

- Water bottle



- A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday.
- Sleeping bag & pillow
- Sleepwear and toiletries
- Attire for World Cup Day.
- Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any instructions needed. Please fill out and turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/document.doc?id=76>

You may email it to camp@highmeadows.org or print and turn it in to a counselor.

No need to bring a second lunch on Thursday, as we will be having the all-camp cookout on Friday afternoon.

Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of Camper vs. Counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games in the Barn Theatre and dessert, and finish the night with a ceremony prepared by campers and counselors. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

Dinner & Breakfast Menu: Vegetarian options will be available.

Dinner: Pre-dinner snack

Sandwich Bar

Ice cream sandwiches

Breakfast: A variety of fruit

An assortment of cereals

A plethora of Juices & milk

And of course... Donut Trivia!

CIT Corner ~Hannah and Andy

- We have thoroughly enjoyed getting to know our new CITs and introducing them to the CIT Values Program. The values projects help us better understand their views and experiences. We are already seeing growth and development in these young adults both in and out of their units. This week the CITs have focused on introductions and taking initiative to lead both small and large group activities. We are already seeing growth and development in these young adults both in and out of their units. The outfits for our Alphabet Soup dress up day were very creative! We cannot wait to see what the rest of this session has in store for the CIT program!



Nurse Nook

- * Keep hydrated and remember to send a water bottle with your camper daily!
- * Please contact the nurses directly if you have any questions or health concerns. (678) 507-1180