



High Meadows Happenings

7/7/2017 camp@highmeadows.org

This Week's News 770-993-7975

- Calendar Events for all camp:
Wednesday 7/12 is Unit Choice Theme Day. See below for each Unit's choice.
Friday 7/14 is Water Carnival Day and the last day of second session.

- **POOL POST** (Lynda)- At High Meadows, part of our instructional swim curriculum includes teaching children to swim without their goggles so that they are prepared to face any emergency water situation that may come their way. While we understand that some children may need goggles for medical reasons, any camper that brings goggles needs to be fully responsible for them (including knowing how to put them on).
- Today was **TIE DYE DAY** as well as our All Camp Hot Dog Cookout!



- Wednesday was **Character Day!**



- **Person Highlight: MATT E.** is our Seniors Knighthood Coordinator! He has been a part of the High Meadows community since he first attended school and camp here more than thirty years ago. As a camper, he was our third camper ever to achieve the level of "Knight" in the Knighthood program. He attended the University of Wisconsin, and took time off from High Meadows after to college to work on archaeological digs. He returned to camp in the early 2000s and has been back every year since. During the school year, he teaches AP Psychology, as well as AP and Honors World History at Walton High School, where he is also the coach of the Academic Bowl Team. Despite dedicating a few weeks each summer to grading AP exams in Salt Lake City, Utah, he always manages to find time to return to the place he loves, where his daughter is a second-generation camper in Senior Legend.



- **This week's value was INDEPENDENCE.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

High Meadows campers have the skills and the freedom to explore, be creative, and problem solve independently.

High Meadows campers practice personal responsibility and self-advocacy.

High Meadows campers have the confidence to express themselves as individuals and respect the individuality of

Questions to discuss with your camper:

- What is independence? What does independence look like?
- How do we practice independence at camp?
- What opportunities do we have to express ourselves at camp?
- What does it feel like to be independent?
- What does it mean to respect the individuality of others?



Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- We made Ants on a log for snack today.
- We made tipis out of plates and colored the tire dragon in Art.
- Our Unit Choice for next Wednesday 7/12 is Recycled Hat Day. We will be making the recycled hats in art that day.
- Reminder – Ants drop-off begins at 9:15. If you arrive prior, do not block the drive. Please wait in a parking space.





~ Kimmie

- We made our unit frames and visited the Grandfather tree this week.
- We cooled off on the Waterslide this week.
- Our Unit Choice for next Wednesday 7/12 is "When I grow up Day".



Grasshoppers Snack Menu	Mon	10 th	Snack Necklaces
	Tues	11 th	Apple Doughnuts
	Wed	12 th	Teddy Bear Toast
	Thurs	13 th	Grasshoppers on a log
	Friday	14 th	Popsicles



~ Kaela, Mary, and Eddie

- Please send in a plain white t-shirt with your camper on Monday (if you haven't already), as we will be tie-dyeing shirts next week.
- We cooled off on the Waterslide this week.
- Our Unit Choice for next Wednesday 7/12 is "When I Grow Up Day".



Juniors Snack Menu	Mon	10 th	Haystacks
	Tues	11 th	Fruit kabobs
	Wed	12 th	Dirt cups
	Thurs	13 th	Popcorn bar
	Friday	14 th	Popsicles



~ Jennifer and Rob

The **NO TV CHALLENGE** ~ A great camp tradition that starts on Monday 7/10 at camp and ends Thursday 7/13 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, video games and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.

- We cooled off on the Waterslide this week.
- Next Tuesday 7/11 is Mud Day, so don't be surprised if your camper comes home extra dirty!
- Our Unit Choice for next Wednesday 7/12 is **Hero and Villain Day**. Make sure the costumes aren't too scary!





~ Annie, Tina, and Andy



- Legend had a great time on the Amicalola River on Wednesday. Despite some early rains, they also had an amazing Overnight on Thursday which included a friendly Camper vs. Counselor scooter basketball game, a dip in the pool, dinner, down time on the low meadow, dessert, games in the barn theater, a special campfire ceremony prepared by campers, and of course, Donut Trivia breakfast.



- Quest's Unit Choice Day for Wednesday 7/12 is a surprise.
- Legend's Unit Choice for Wednesday 7/12 is also a surprise!
- **Quest Lake Trip** is Monday 7/17, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen and bug spray.
- **QUEST EVENING** on Tuesday 7/18, is a wonderful way to spend an evening on our campus. Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time with games in the Barn Theatre, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out & turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/registration/forms> You may email it back to camp@highmeadows.org, fax to 678-507-1189 or print and turn it in to a counselor. What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) Dinner: Snack provided, water & Juice
Taco bar
Peanut butter and Jelly sandwich alternative
& of course S'mores!!



CIT Corner ~Hannah and Warren

- This week CITs have spent more time in their units than usual! Helping out with the Senior Legend overnight, Hot Dog Cookout, and actively learning and growing in units has kept everyone busy and required elevated energy levels. Recognizing the CITs this session is extremely important to us. We appreciate their positive attitudes and willingness to jump in wherever they are needed! CIT classes this week included Social Media and Online Presence (Kimmie), How to give a Presentation (Warren & Hannah) and Teambuilding. This unique group has grown so much in just two short weeks. We are seeing so much growth and strong leadership skills in this talented group of individuals. Last week's values presentations were tremendously inspiring and creative. Keep up the hard work!

