



High Meadows Happenings

7/6/2018 camp@highmeadows.org

This Week's News **770-993-7975**

- Calendar Events for all camp:
Wednesday 7/11 is Unit Choice Dress Up Day. See below for each unit's choice.
Friday 7/13 is Water Carnival Day and the last day of Second Session!
- Today was **World Cup Day!** as well as our ALL CAMP COOKOUT!



- **Place Highlight:** **The Caboose** is located right across the field from the Juniors/ Middle Years building. The steering wheels on both of its ends are favored by Juniors campers as a place to play the role of a train engineer. The Norfolk-Southern railway company donated it to High Meadows in 1989 after the community raised money for it to be transported and mounted on real train tracks here on our campus. After its original renovation, it served as the High Meadows Community's first Library and today it serves as the office of High Meadows School's Middle Years Principal.



- **This week's value was INDEPENDENCE.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

High Meadows campers have the skills and the freedom to explore, be creative, and problem solve independently. High Meadows campers practice personal responsibility and self-advocacy.

High Meadows campers have the confidence to express themselves as individuals and respect the individuality of others. Questions to discuss with your camper:

- What is independence? What does independence look like?
- How do we practice independence at camp?
- What opportunities do we have to express ourselves at camp?
- What does it feel like to be independent?
- What does it mean to respect the individuality of others?

- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Our Unit Choice for next Wednesday 7/11 is **Hat Day!**
- We made our Ants t-shirts this week!
- We made Ants on a log for snack today!



~ Dani

- Our Unit Choice for next Wednesday 7/11 is **Disney Day!**
- We made lava lamps in Unit Discovery!
- Campers made their own picture frame to commemorate their time in Grasshoppers!
- We cooled off on the waterslide on Tuesday!

Grasshoppers Snack Menu	Mon 9 th	Dirt Cups
	Tues 10 th	Snack Necklaces
	Wed 11 th	Minnie Mouse Bows
	Thurs 12 th	Strawberry Graham Cracker Cheesecakes
	Friday 13 th	Graham Cracker Ocean





- ~ Kaela, Celena, and Travis
- Our Unit Choice for next Wednesday 7/11 is **Neon Jungle Day!**
 - If you haven't yet done so, please send in a plain white t-shirt with your camper for Tie-Dye.
 - We cooled off on the waterslide on Tuesday!

Juniors Snack Menu	Mon	9 th	Scavenger Hunt
	Tues	10 th	Apple Cookies
	Wed	11 th	Jungle Trail Mix
	Thurs	12 th	Strawberry Graham Cracker Cheesecakes
	Friday	13 th	Popsicles



- ~ Jennifer and Ryan
- Our Unit Choice for next Wednesday 7/11 is **Mythical Creatures Day!**
 - The **NO TV CHALLENGE** ~ A great camp tradition that starts on Monday 7/9 at camp and ends Thursday 7/12 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, cell phones, video games and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.
 - We cooled off on the waterslide on Tuesday!





~ Annie, Tina, and Warren

- The Unit Choice for both Quest and Legend on Wednesday 7/11 is **Pun Day Fun Day!**
- Legend had a great time on the Amicalola River on Wednesday. They also had an amazing Overnight on Thursday which included a friendly Camper vs. Counselor soccer game, a dip in the pool, dinner, down time on the low meadow, dessert, games in the barn theater, a special campfire ceremony

prepared by campers, and of course, Donut Trivia breakfast.



- **Quest Lake Trip** is Monday 7/9, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona, weather permitting. What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen and bug spray.

- **QUEST EVENING** on Tuesday 7/10, is a wonderful way to spend an evening on our campus.

Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00.

Pick-up will be at 8:30 at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out & turn in the Medication Release form found on our website:

<http://www.highmeadowscamp.org/registration/forms>

You may email it back to camp@highmeadows.org, fax to 678-507-1189 or print and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)

Dinner: Snack provided, water & Juice

Sandwich Bar

Peanut-free butter and Jelly sandwich alternative & of course, S'mores!!!



CIT Corner ~ Hannah and Andy

- This week at camp the CITs have continued to exercise their leadership skills—working with their units, helping with the Senior Legend overnight, and serving food at Friday's hotdog cookout. With positive attitudes, they have helped provide an enjoyable experience for ants, grasshoppers, juniors, super seniors, and seniors. Early in the week, we had a chance to do some team building at the up-and-over wall. The goal was to get all of the CITs up and over the wall (safely of course). Stellar cooperation and communication were on display on the meadow that day. In addition, CITs were able to build confidence in themselves and each other. Moving forward, CITs are planning a lovely overnight for themselves and some counselors they have invited. We anticipate joyful activities, tasty meals, and an early bedtime. Mark your calendars: 7/19. Next week we will be wrapping up the session strong.



Still exploring school options for the upcoming school year? The fun and learning at High Meadows happens year round!

High Meadows School, founded in 1973, is a place where adventure, play, and discovery go hand in hand with extraordinary academic preparation and exemplary student outcomes.

Call our Office of Admission for more information: 678-507-1170 or visit

www.highmeadows.org

