



High Meadows Happenings

7/1/2022

CELEBRATING 50 Summers

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This Week's News

- Calendar Events for all camp:
Wednesday 7/6 is Unit Choice Day. See below for each unit's choice.
Friday 7/8 is **Water Carnival Day** and the last day of Second Session!
- Today was **RED, WHITE, AND BLUE DAY!** While the rain changed our plans of an all-camp gathering, we still got to enjoy the hot dogs and snacks prepared by our CITs!

Reminder:

No camp Monday July 4th!
Happy Independence Day!



- Wednesday was **BANANA BANDANA DAY!**



- Place Highlight: THE GA-GA PIT** Ga-Ga, which originated in Israel and is Hebrew for “touch touch”, is one of the favorite games of campers of all ages. It has become a staple of many summer camps and schools in North America. It is somewhat like dodgeball, but unlike traditional dodgeball, it is played in an octagonal “pit” and does not involve throwing the ball. Groups of campers and counselors gather in the pit, where the object is to eliminate your opponents by striking them with the ball below their waist while trying to dodge being hit yourself. The last person to avoid getting hit wins. Our Ga-Ga pit, located on the lower meadow, was constructed in 2011.

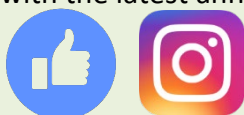


- **This week's value was INDEPENDENCE.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper.

High Meadows campers have the skills and the freedom to explore, be creative, and problem solve independently. High Meadows campers practice personal responsibility and self-advocacy.

High Meadows campers have the confidence to express themselves as individuals and respect the individuality of Questions to discuss with your camper:

- What is independence? What does independence look like?
 - How do we practice independence at camp?
 - What opportunities do we have to express ourselves at camp?
 - What does it feel like to be independent?
 - What does it mean to respect the individuality of others?
- Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram @highmeadowscamp to keep up with the latest announcements and camp news.



~ Richard

- Grasshoppers had another amazing week! We have played Ga-Ga, gone rock climbing, and got to enjoy hot dogs. Can't wait for another amazing week! Our Unit Choice for next Wednesday 7/6 is **When I Grow Up Day!**



~ Anna and Hannah

- Juniors had a fantastic second week of camp! We enjoyed going on the water slide, roasting marshmallows, and eating hot dogs. We also built forts and fairy houses in Nature, made a splash in the pool, and hung out at the barnyard with the pigs and goats. Our Unit Choice for next Wednesday 7/6 is **Alphabet Soup Day!**

- If you have not already done so, please send in a plain white t-shirt with your camper by Wednesday 7/6, as we will be tie-dying shirts next week.





~ Jennifer and Steven

- Super Seniors have had a great week! We've been working on our Archery stances and campers are making bullseyes handily. We've been singing Darlin', Tom the Toad, and Twelve Days of Camp at the top of our lungs after our morning meetings. For sports, campers have played Ga-Ga, bomberball, blob tag, and Giants Wizards Trolls. We roasted and enjoyed marshmallows in the pioneering woods and

built and rebuilt several forts in our Super Senior forest. We made some beautiful fish figurines in Arts & Crafts, and all got a chance to swoosh down the waterslide and ride the tire swing. What a week of spectacular fun!



- Our Unit Choice for next Wednesday 7/6 is **Camo Day!**
- The **NO SCREEN CHALLENGE** ~ A great camp tradition that starts on Tuesday 7/5 at camp and ends Friday 7/8 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, tablets, smartphones, video games and of course, TV. At the end of the session, successful campers will be honored for their effort with a traditionally decorated feather.



~ Annie, Max, Tina, and Tyler

- Senior Quest has had a wonderful week. We slid down the waterslide, played soccer against our counselors, and had an amazing time pickling different foods.

- Senior Legend had a pickletastic hump week of the session. We had our lake trip on Wednesday where we built sandcastles with our castles and on Thursday, we had our overnight where we played camper vs. counselor

soccer, swam in the pool, had an archery tournament, and capped the night off with a ceremony presented by campers from Lore classes.

- Our Livestock this week had a special theme, Randomstock, where campers performed acts randomly picked out of a hat and had to improvise.
- For both Quest and Legend, the Unit Choice for next Wednesday 7/6 is PRAWN (Pirates, Robots, Aliens, Wizards, Ninjas) Day!



- **Quest Lake Trip** is Tuesday 7/5, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona, weather permitting. What to bring: Close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), towel, sunscreen, and bug spray.
- **QUEST EVENING**, Wednesday 7/6, is a wonderful way to spend some extra hours on our campus.

Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time, maybe some ol' camp songs and finish the night with...what else...s'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30pm** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed.

If needed, please fill out & turn in the medication release form found on our website:

[Authorization-for-Medication_Camp.pdf \(highmeadowscamp.org\)](#)

You may email it back to camp@highmeadows.org or print it and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)



Dinner: Snack provided, as well as water & juice

Burger Bar

Peanut or Peanut-free Butter and Jelly sandwich alternative

& of course, S'mores!

CIT Corner ~ Rey and Danielle

- CITs have had another amazing week! We were busy learning to work with campers of all ages, cooking at the overnight with Senior Legend, and working a rainy yet successful hot dog cookout. We look forward to next week's fun time and new experiences.

