



High Meadows Happenings

7/20/2018 camp@highmeadows.org



This Week's News 770-993-7975

- Calendar Events for all camp:
 Tuesday 7/24 is **CAMP KINDNESS DAY!**
 Wednesday 7/25 is **WESTERN WEDNESDAY!**
 Friday 7/27 is **ALOHA FRIDAY!**, as well as our All Camp Hot Dog Cookout!
- Today was **TIE DYE DAY**



- **Person Highlight:** **ANNIE KIMBALL** is our Senior Camp Director. She has been a student, teacher, camper, and Counselor at both High Meadows School and Camp over the years. Her two brothers have also attended and worked at camp here and now her son is a camper in Juniors. As an avid artist, she has painted many things on our campus including some signs and a mural by the pool (pictured below). Two years ago, she was selected by the city of Woodstock in conjunction with the city of Atlanta to paint a mural in downtown Woodstock, which will be unveiled on Saturday 7/21. During the design process, she collaborated with members of the community to find out what makes Woodstock unique, which drove the design and content of the mural! You may even see some familiar faces on the mural!



- **Special Visitors Highlight:** **CAMP KUDZU** provides an opportunity for campers with Type 1 Diabetes to experience day camp here at High Meadows as well as residential camping at a variety of locations. This week, we were privileged to host campers from Camp Kudzu, ages 5 – 9. These campers were integrated into our Grasshopper, Junior, and Super Senior programs. For more information regarding Camp Kudzu, please visit www.campkudzu.org.



- **This week's value was Communication.** We hope that you take the time to discuss this and the other previously highlighted values of the week with your camper.
High Meadows campers practice communication as a tool for understanding and cooperation. High Meadows campers appreciate the power of communication to increase respect and strengthen community. High Meadows campers understand that communication is not just about self-expression, but also about listening to others.

Questions for discussion with your camper:

- What is communication? What does communication look like?
- What are some different ways we communicate?
- How is listening to others a part of communication?
- How can communication help us better understand others?
- How can we practice communication at camp?

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Reminder- Ants will NOT be participating in the All Camp Hot Dog Cookout next Friday 7/27, so please remember to pack a lunch.
 - Reminder – Ants drop-off begins at 9:15. If you arrive prior, do not block the drive. Please wait in a parking space.
 - We made s'mores today and learned the story of how they got their name.
- Please send in a plain white t-shirt by Monday 7/23, as we will be making our Ants t-shirts!



~ Dani

- We have a great group of Grasshoppers this session! During our Unit Discovery time, we have played real life Angry birds and made Nature art.

Grasshoppers Snack Menu	Mon	23 rd	Veggie Cups
	Tues	24 th	Apple Cars
	Wed	25 th	Haystacks
	Thurs	26 th	Bagelicios
	Friday	27 th	Ocean Cups



~ Kaela, Celena, and Tommy

- Please send in a plain white t-shirt with your camper, as we will be tie-dyeing shirts.
- Also, it would help us a lot if your campers' water bottles, clothes, towels, and lunch boxes are labeled with your camper's name.



Juniors Snack Menu	Mon 23 rd	Veggie Cups
	Tues 24 th	Fruit Cups
	Wed 25 th	Haystacks
	Thurs 26 th	Trail Mix Scavenger Hunt
	Friday 27 th	Ocean Cups



~ Ryan and Rachael

- For the first time, Super Seniors groups have been engaging in challenges known as "Merlin Marks", in which groups can earn points based off of area tidiness, camp spirit and group chants, and Theme Day participation.





~ Annie, Max, and Warren

- Today was the first **Livestock** of the session! Livestock takes place every Friday in the Barn Theatre for Seniors campers and counselors who want to show off talents, sing camp songs or have skit challenges.

• Quest has been enjoying castle challenges including everything from riddles to dress-up challenges. One of the features of Camelot is the Camelot Cairn, a special pile of stones located in the meeting place of Senior Quest. The castle shields are hung from the cairn in a way that signifies progress in the castle challenges.



- Legend River Trip is Wednesday 7/25. Legend campers will load up on a bus and drive through the Georgia countryside to the Edge of the World, a special place on the Amicalola River that we have been taking campers for decades for wading and shallow water play.

What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, bug spray, water bottle and lunch.

- Legend Overnight is Thursday 7/26. This is a wonderful experience spending a night on campus under the stars.

What to bring:

- Water bottle
- A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday



- Sleeping bag & pillow
- Sleepwear and toiletries
- Attire for Aloha Friday!

- Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any instructions needed. Please fill out and turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/document.doc?id=76>

You may email it to camp@highmeadows.org or print and turn it in to a counselor.

- **No need to bring a second lunch on Thursday**, as we will be having the all-camp cookout on Friday afternoon.
- Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of Camper vs. Counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games and dessert in the Barn Theatre, and finish the night with a ceremony prepared by camper volunteers. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

Dinner & Breakfast Menu: Vegetarian options will be available.

Dinner: Pre-dinner snack	Breakfast: A variety of fruit
Taco Bar	An assortment of cereals
Chips and Fruit Salad	A plethora of Juices & milk
Peanut-free Butter and Jelly Sandwich alternative	And of course... Donut Trivia!
Ice cream sandwiches and popsicles for dessert	



CIT Corner ~Hannah and Andy

- The CITs have had an excellent start to third session. We have gotten to know each other, participated in teambuilding, and worked hard to provide a great camp experience for younger campers. We also had a fantastic overnight last night during which we enjoyed full-campus Capture the Flag, Greasy Watermelon, Harmony Ball, Hot Seat, a gourmet pizza dinner, and a viewing of the Academy Award-winning, *Kung Fu Panda*. Wow! What a night! Despite our collective grogginess, we are currently looking stellar in our finest Tie-Dye attire. We cannot wait for another great week next week! Happy Friday! Have a delightful weekend.

Yours truly,
-HANDY (Hannah and Andy)