



# High Meadows Happenings

7/15/2022

CELEBRATING 50 SUMMERS

[camp@highmeadows.org](mailto:camp@highmeadows.org)

## This Week's News

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- **Calendar Events for all camp:**

- Tuesday 7/19 is **CAMP KINDNESS DAY!**
- Wednesday 7/20 is **SHOW OFF YOUR HAIR/ HAT DAY!**
- Friday 7/22 is Unit Pride Day, as well as our All-Camp Hot Dog Cookout!

- **Important note about carpool:** For next week, Camp Kudzu will be joining us. They are a camp for children with Type 1 Diabetes and they will have a week of fun where they get to enjoy our campus activities. They will be operating their own program, but there will be additional cars on campus for carpool, so please be patient as people get acclimated to our procedures!



- Today was **SPORTS FAN DAY!**



- **New Animal Highlight:** Iron Man aka "Tony" is a 10-year-old Anglo Arabian/ Thoroughbred that joined the High Meadows barnyard on a free lease. His owner is off to veterinary school at the University of Florida, so Tony will be a part of our animal care/ pony ride program until further notice. Tony loves people so our campers are enjoying spending quality time with this "love bug".



- **Place Highlight:** **The Caboose** is located right across the field from the Juniors/ Middle Years building and is one of the most unique assets on our campus. The steering wheels on both of its ends are favored by Juniors campers as a place to play the role of a train engineer. The Norfolk-Southern railway company donated it to High Meadows in 1989 after the community raised money for it to be transported and mounted on real train tracks here on our campus. The caboose itself was built in 1951, renovated in 1969, and remained in service as a train car until 1986. Upon arrival to our campus, it was renovated once more, initially serving as the High Meadows community's first library. In later years, it served as the office of High Meadows School's Middle Years Principal. It is now used as storage but there are plans to eventually turn it into a Welcome Center and Museum of High Meadows History.



- This week's value was Communication. We hope that you take the time to discuss this and the other previously highlighted values of the week with your camper. High Meadows campers practice communication as a tool for understanding and cooperation. High Meadows campers appreciate the power of communication to increase respect and strengthen community. High Meadows campers understand that communication is not just about self-expression, but also about listening to others.

Questions for discussion with your camper:

- What is communication? What does communication look like?
- What are some different ways we communicate?
- How is listening to others a part of communication?
- How can communication help us better understand others?
- How can we practice communication at camp?

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram @highmeadowscamp to keep up with the latest announcements and camp news.



~ Richard

- Grasshoppers had an amazing week of Session 3! We enjoyed making new friends and activities such as Ga-Gam swimming, the tire swing, pony rides, and old-fashioned game of soccer! We also got to learn about our camp creatures! So excited for next week's adventures!



~ Hannah and Sydney

- Juniors had a great week of making new friends and meeting our counselors. We helped welcome Tony and Storm, the two newest members of our barnyard, and participated in pony rides. We are excited to see what lies ahead for the next two weeks!
- Please send in a t-shirt for tie-dye by the last week of the session.





### ~ Steven and Ashley

- Super Seniors had a great first week of Session 3! We played lots of Zebratonicus tag, a game that has been well-loved this summer. We've been lucky to have a sunny week for new class activities, including inventing in Discovery, and old favorites like hiking to the Grandfather Tree in Nature.



### ~ Annie, Max, Morgan, and Tyler

- Senior Quest had a groovy first week of Session 3! We made new friends, play some ga-ga ball, and had a rousing game of soccer. Everyone is excited to be here, and we hope to spread the enthusiasm.
- Senior Legend had an exciting first week of Session 3! We loved seeing the many new faces as well the returning campers from earlier sessions. We played bomberball, capture the flag, and ultimate frisbee. The Legend campers hit the

ground running and began working on their knighthood requirements. We are excited for the many activities that await us next week.

- Today was the first **Livestock** of the session! Livestock takes place every Friday on the high meadow for Seniors campers and counselors who want to show off talents, sing camp songs or have skit challenges.



- Legend Lake Trip is Wednesday 7/20. Legend campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona.
- What to bring: Close-toed shoes with heel straps (old tennis shoes are the best for protecting feet in the water), towel, sunscreen, and bug spray.



- Legend Overnight is Thursday 7/21. This is a wonderful experience spending a night on campus under the stars.

What to bring:

- Water bottle.
  - A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon) for dinner and for the cookout on Friday.
  - Sleeping bag and pillow.
  - Sleepwear and toiletries.
  - Yellow clothing for Unit Pride Day!
  - Any evening/morning medication must be turned into a counselor in the prescribed bottle and with any necessary instructions. Please fill out and turn in the medication release form found on our website at this [link](#). You may email it to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print it and turn it in to a counselor.
- **No need to bring a second lunch on Thursday**, as we will be having the all-camp cookout on Friday afternoon.
  - Details: Legend campers will begin the evening with a group meeting where they plan the night. They will play a friendly game of Camper vs. Counselor soccer, enjoy a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time with games and dessert in the Barn Theatre, and finish the night with a ceremony prepared by camper volunteers. They will bed down for the night in a location of their cabin (castle) choosing. Rain or shine, we plan on having a great time!

**Dinner & Breakfast Menu:** Vegetarian options will be available.

<b><u>Dinner:</u></b> Pre-dinner snack	<b><u>Breakfast:</u></b> A variety of fruit
Sandwich Bar	An assortment of cereals
Chips and Fruit Salad	A plethora of juices and milk
PB&J/ Peanut-free Butter and Jelly Sandwich alternative	And of course... Donut Trivia!
Ice cream sandwiches or popsicles for dessert	

## CIT Corner ~ Rey and Danielle

- CITs had a great first week. We enjoyed helping in all the Units and look forward to meeting new friends next week. We had a blast at the CIT overnight! It was wonderful to welcome back CITs from the whole summer for a night of fantastic fun.

