



# High Meadows Happenings

7/26/2019 [camp@highmeadows.org](mailto:camp@highmeadows.org)

## This Week's News 770-993-7975

- Calendar Events for all camp:

Wednesday 7/31 is Unit Choice Theme Day. See below for each Unit's choice.

Friday 8/2 is **Origin Trail Day** and the last day of camp for this summer.

- Today was **ZOOQUARIUM DAY**, as well as our All Camp Hot Dog Cookout!



- Wednesday was **CHARACTER DAY!**



- **High Meadows Highlight: THE BELL**

A large cast-iron bell was once used to signal the changing of classes at camp back in the early days of High Meadows and has now received a new use. Founder Bill Crawford brought the bell to High Meadows and it is possible that it is connected to his step-grandfather, who was a railroad engineer. Previously stationed near the current camp office, it has been moved to the Super Seniors Counselor Cabin, where it is used to gather the Super Seniors for their morning and lunchtime meetings.



- **This week's value was COOPERATION.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper. High Meadows campers practice cooperation through respectful communication and group problem solving. High Meadows campers understand that we practice cooperation not only in games and activities, but also by being kind to our peers and having a positive attitude.

Questions for discuss with your camper:

- What is cooperation? What does cooperation look like?
- What does it feel like when you cooperate?
- How does cooperation help our community?
- What does it mean to have a positive attitude?
- What is respectful communication? How is this a part of cooperation?
- What are some ways we can practice cooperation at Camp?

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram and Twitter @highmeadowscamp in order to keep up with the latest announcements and camp news.



~ Jan

- Our Unit Choice theme for next Wednesday 7/31 is **Disney Day!**
- During Mother Nature Time, we visited the rock wall and the water garden.
- If you have not already done so, please send in a plain white t-shirt with your camper by Monday 7/29, as we will be making our Ants t-shirts.
- We made Ants on a log for snack today.





~ Dani and Richard

- Our Unit Choice theme for next Wednesday 7/31 is **Favorite Color Day!**
- If you have not already done so, please send in a plain white t-shirt with your camper by Tuesday 7/30, as we will be making our Unit shirts on Wednesday.
- We cooled off on the Waterslide on Thursday!



~ Travis and Anna

- Our Unit Choice theme for next Wednesday 7/31 is **Holiday Day!**
- If you have not already done so, please send in a plain white t-shirt with your camper by Monday 7/29, as we will be tie-dyeing shirts.
- We cooled off on the waterslide on Thursday!



~ Jennifer, Rob, and Sean

- Our Unit Choice theme for next Wednesday 7/31 is **Magical Day!**
- The **NO SCREEN CHALLENGE** ~ A great camp tradition that starts on Monday 7/29 at camp and ends Thursday 8/1 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, tablets, smartphones, video games and television. At the end of the session,

successful campers will be honored for their dedication and group effort with a Super Senior medallion!



- On Tuesday, we had Mud Day, where we went to the Mud Pit with our Nature classes.
- We cooled off on the waterslide on Thursday!





~ Annie, Max, Anne, and Matt

- Quest's Unit Choice for Wednesday 7/31 is **Hat Parade Day!** Campers can make their own hats or bring in their favorite hats.
- Legend's Unit Choice for Wednesday 7/31 is **Decade Day!**
- Legend had a great time on the Amicalola River on Wednesday. They also had a great time on their overnight, which included a friendly game of Camper vs. Counselor soccer, a dip in the pool, dinner, down time

on the low meadow, songs and s'mores around the campfire, a special ceremony prepared by campers, and of course, Donut Trivia breakfast.



- **Quest Lake Trip** is Monday 7/29, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona. What to bring: Close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water), towel, sunscreen and bug spray.
- **QUEST EVENING** on Tuesday 7/30, is a wonderful way to spend an evening on our campus.

Details: Quest campers will enjoy a group game, take a dip in the pool, eat a scrumptious meal prepared by the counselors, enjoy some down time, maybe some ol' camp songs and finish the night with... what else... S'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out & turn in the Medication Release form found on our website: <http://www.highmeadowscamp.org/registration/forms> You may email it back to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print it and turn it in to a counselor.

What to bring: A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)



Dinner: Snack provided, as well as water and Juice

Taco Bar

Peanut-free butter and Jelly sandwich alternative

and of course S'mores!

## CIT Corner ~Hannah and Andy

- Hello there. Good week this week. Lovely week. Delightful even. The CITs had a great time bringing joy and wonder to the other units at camp. We had an awesome Character Day Wednesday and Zooquarium Day today. We served a taco dinner to Senior Legend on at their overnight and joined in their activities. We also served the entirety of camp (as usual) at the Hotdog Cookout this afternoon. In other news, we had fun creating brand new games for young campers this week that we'll test out in Ants, Grasshoppers, Juniors, and Super Seniors next week. We also had a guest speaker come in and talk with the CITs about camp safety which is always a priority here at High Meadows. We had 4 CITs present their powerful and thought-provoking reflection projects. Two of them are finished with the CIT Program after today. Congratulations! And we look forward to seeing them in action as counselors next year. Yay and stuff!

Thanks for reading. See you shortly for the last week of camp update! Bye.  
Handy



## **SPECIALIST SPOT- GRACIE AND ERIC-** A Brief recap of what all the Specialist activities did with each Unit!

- **Nature**- Alex and Josh
  - This week in Nature, Grasshoppers and Juniors explored the water garden and learned about fish and reptiles and their natural habitat. They also used their creativity to start creating a bug city for creatures in the forest.
  - This week in Nature, Super Seniors got to take a nature hike to the Mud Pit where they got to explore and play in the water and mud. They also worked on a bug city for creatures in the forest.
- **Traditions**- Grace and Cameron
  - In Traditions this week, Grasshoppers dressed up their Counselors who then put on plays about King Arthur. They also built pioneer towns out of recycled materials and nature.
  - In Traditions this week, Juniors dressed up and put on plays about King Arthur. They also built pioneer towns out of recycled materials and nature.
  - In Traditions this week, Super Seniors also dressed up and put on plays about King Arthur. Additionally, they made their own pictographs which they used to make sentences and tell stories.
- **Arts and Crafts**- Dax and Cate
  - This week in Arts and Crafts, Grasshoppers have created Folding Paper Alligators, Abstract Straw Paint Art, and Egg Carton Creatures.
  - This week in Arts and Crafts, Juniors created and colored origami snappers, and also made Abstract Straw Paint Art and Fidget Sticks.
  - This week in Arts and Crafts, Super Seniors designed created aluminum foil stained glass. They also made beaded fish and a nature mosaic.

- **Sports**~ Danny
  - Grasshoppers played Hungry-Hungry Hippos in Sports this week.
  - Juniors played Zebratonicus tag, Gaga, and Kickball in Sports this week.
  - Super Seniors played Blob Tag, Captain is Coming, and BomberBall
- **Discovery**~ Lily and Hayleigh
  - This week in Discovery, campers had an egg-cellent week making a machine to protect their eggs from cracking. They also did a balloon obstacle course and played broomball.
- **Archery**~ Jackson and Teresa
  - In Archery this week, Super Seniors worked on accuracy with balloon shooting while also practicing proper technique.
- **Woodworking**~ Logan and Cam
  - Super Seniors are beginning to put the finishing touches on their woodworking projects and getting ready to paint them.