



# High Meadows Happenings

7/22/2022

CELEBRATING 50 Summers

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## This Week's News

- Calendar of all-camp events:

Wednesday 7/27 is Unit Choice Theme Day. See below for each unit's choice.

Friday 7/29 is **Origin Trail Day** and the last day of camp for this summer. It is a day where we celebrate what makes High Meadows unique. Dress up as anything from pioneers to camp creatures, camp song characters, camp activities, or even your favorite counselor.

- Today was Unit Pride Day as well as our All-Camp Hot Dog Cookout!



- Wednesday was **SHOW OFF YOUR HAIR/ HAT DAY!**



- **Person Highlight:** **Mark Warren** also known by his spirit name "Shadowfox", was a longtime counselor who started the Knighthood program and served as the Director of Senior Camp for 17 years until the 1990s. An award-winning outdoor educator, he was a world champion in archery and canoeing and was instrumental in developing those activities at High Meadows. In addition to his expertise in the outdoors, he is also a novelist, having written eight books including a memoir about living in a tipi called "Two Winters in a Tipi" as well as several western novels. He is a nominee for the 2022 Georgia Author of the Year Awards for his novel Indigo Heaven, which has also been named a finalist for the prestigious 2022 Will Rogers Medallion Awards. He currently lives in the north Georgia mountains where he operates a wilderness school called Medicine Bow. His legacy at High Meadows is felt to this day from the Knighthood program to Shadowfox Trail named in his honor. For more information about Mark Warren and his adventures, please visit his [website](#).

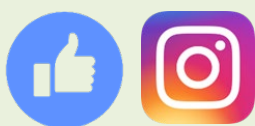


- **This week's value was COOPERATION.** We hope that you take the time to discuss this and the other upcoming values of the week with your camper. High Meadows campers practice cooperation through respectful communication and group problem solving. High Meadows campers understand that we practice cooperation not only in games and activities, but also by being kind to our peers and having a positive attitude.

Questions for discuss with your camper:

- What is cooperation? What does cooperation look like?
- What does it feel like when you cooperate?
- How does cooperation help our community?
- What does it mean to have a positive attitude?
- What is respectful communication? How is this a part of cooperation?
- What are some ways we can practice cooperation at Camp?

Don't forget to "like" High Meadows Camp on Facebook, and "follow" us on Instagram @highmeadowscamp to keep up with the latest announcements and camp news.



~ Richard

• Grasshoppers had an amazing second week! We enjoyed learning about King Arthur in Traditions, built structures in Discovery, and had a lesson about dirt in Nature. And on Thursday, we had wild rides down the water slide.

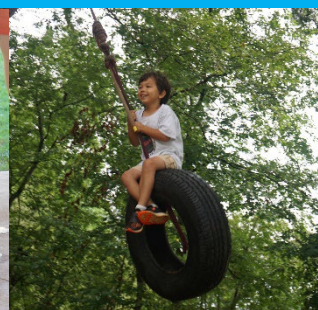
• Our Unit Choice for next Wednesday 7/27 is **Alphabet Soup Day**



~ Hannah and Sydney

• Juniors had a blast this week from sliding down the waterslide to meeting to new animal friends to playing Ga-Ga and bomberball! Please remember to bring in a white shirt for tie-dye by Wednesday 7/27!

• Our Unit Choice for next Wednesday 7/27 is **Space Jam Day!**







### ~ Steven and Ashley

• Super Seniors had an awesome second week of the session at camp! Even with the rain, we found so many ways to have fun. We sang songs about frogs and buttons, played new games like camper seek, and made friendship bracelets with our super new friends. We are looking forward to a wonderful final week of third session and the summer!

- Our Unit Choice for next Wednesday 7/27 is **Character Day!** Please remember to make sure your costumes are camp appropriate and be sure to bring a change of clothes in case the costume gets too hot.
- The **NO SCREEN CHALLENGE** ~ This great camp tradition starts on Monday 7/25 at camp and ends Thursday 7/28 when the campers go home. Campers who are interested to take on the challenge are encouraged to not use any electronics for 4 days. This includes computers, tablets, smartphones, video games and television. At the end of the session, successful campers will be honored for their dedication and group effort with a decorated feather!

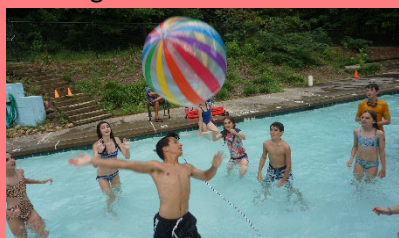


### ~ Annie, Morgan, and Tyler

• Senior Quest had a tubular second week of third session! We played some barn theater games, had a rousing game of social ball, and explored new horizons while Legend was at the lake. This week, we emphasized communication so we can head into the last week with positivity and enthusiasm.

• Senior Legend had a jam-packed week of camp! We embarked on a trip to Lake Allatoona for a day filled with water games, relaxing in the sun, and building sand creations. We got to experience all the amazing activities and spent the night at camp which was an incredible experience featuring a surprise visit from returning Knights. We are looking forward to closing out the summer with another exciting week of camp!

- Quest's Unit Choice for Wednesday 7/29 is **Decade Day!**
- Legend's Unit Choice for Wednesday 7/29 is **Retail/Food Service Day!**



**Quest Lake Trip** is Monday 7/25, Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona.

#### What to bring:

- close-toed shoes with heel straps (old tennis shoes or Keens are the best for protecting feet in the water).

- towel.
- sunscreen and bug spray.



- **QUEST LATE NIGHT** on Tuesday 7/26 is a wonderful way to spend some extra hours on our campus.

Details: Quest campers will enjoy a group activity, take a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time, maybe some ol' camp songs and finish the night with...what else...s'mores! Rain or shine, they plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00. **Pick-up will be at 8:30pm** at the carpool location. No bus service! Any evening medication must be turned in to a counselor in the prescribed bottle & with any instructions needed. If needed, please fill out and turn in the medication release [form](#). You may email it to [camp@highmeadows.org](mailto:camp@highmeadows.org) or print it and turn it in to a counselor.

What to bring:

- A mess kit (we encourage using a reusable plastic plate, bowl, cup, fork/spoon)



Menu: snack provided, as well as water and juice

sandwich bar

PB&J (and peanut-free butter and jelly) sandwich alternative

and of course, s'mores!

### CIT Corner ~Rey and Danielle

- CITs had a busy second week of third session. We spent time with the units developing our counseling skills and prepared a sandwich bar for the Senior Legend overnight. To cap off the week, we served hot dogs and snacks to the entire camp at the all-camp cookout. With one more week of the summer left, we will finish it out in style as the second years finish their time in the program.

