



# HIGH MEADOWS HAPPENINGS

7-26-2024

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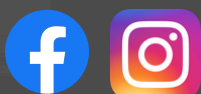
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## Today was Olympics Day!

### Calendar of all camp events:

- Wednesday July 31st is **Unit Choice Day**. See below for each unit's theme choice.
- Friday August 2nd is **Origin Trail Day**, and the last day of 3rd session and the summer!

- Don't forget to "like". High Meadows Camp on Facebook and "follow" us on Instagram @highmeadowscamp in order to keep up with the latest announcements and camp news.



## Wednesday was Pirate/ Ninja Day!





# Activity Highlight- Archery

- **ARCHERY** is an activity enjoyed by campers in Super Seniors, Senior Quest, and Senior Legend. In the class, campers have an opportunity to shoot like Robin Hood and Katniss Everdeen. The Super Seniors shoot on Robin's Range on the edge of the Sherwood Forest. They learn beginner level skills in shooting still targets, games such as tic-tac-toe and balloon popping. Seniors shoot on Rebecca's Range, named for Rebecca Crawford, the daughter of one of our founders. They experience typical target shooting, timed shooting, and moving targets as they move through the Knighthood program. On the Senior Legend overnight, campers get to participate in an archery tournament where the winner receives a golden arrow.



## Value of the week: COOPERATION

- This past week, our value was COOPERATION.
- The second week of Session 3 emphasizes cooperation, reminding us that while High Meadows Camp values individual achievement and experience, it also celebrates what we do together. The focus on cooperation is highlighted at the end of the week, with the All-Camp Cookout and the Minute-to-Win-It Challenges!



## Grasshoppers Gazette (Richard)

- Grasshoppers had a thrilling week of adventure! We splashed down a waterslide, embracing the rush of the cool water. Our imaginations ran wild as we transformed into swashbuckling pirates and stealthy ninjas. We also saddled up and rode the ponies once again, feeling the wind in our hair. Finally, we watched our counselors compete in Minute-to-Win games at the dog cookout, beating out all other units for the golden championship belt. We're eagerly anticipating the excitement that awaits us as we leap into week three. What a hopping good time!
- Our Unit Choice for next Wednesday 7/31 is When I Grow Up Day!





## Juniors Journal (Brooke and Kayla)

- Juniors had a splash during the second week of 3rd session! We created core memories going down the waterslide and dressing up as pirates and ninjas. We got the wonderful opportunity to ride the ponies and see all the barnyard animals. We are excited to see what the third week brings. If you haven't already done so, please send in a white t-shirt with your camper by Monday morning as we will be tie-dying shirts Monday and Tuesday of next week.
- Our Unit Choice for next Wednesday 7/31 is Western Wednesday!



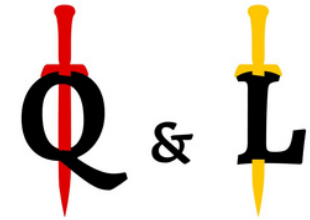
## Super Seniors Shout Outs (Steven and Demi)

- Super Seniors had a rockin' week! We ran around the meadow, danced in the rain, and sang some of our favorite camp songs! On Wednesday, the Super Seniors Pirate/ Ninja army braved the waterslide and sailed the High Meadows seas! We finished up this awesome week with our hot dog cookout and our most requested game of the session, Manhunt.
- Our Unit Choice for next Wednesday, 7/31, is Video Game Day! While we want you to bring the spirit of the game or game character to camp, we request that you leave any actual games at home.





• The **NO SCREEN CHALLENGE!** Formerly known as the “**NO TV CHALLENGE**”, is a great Super Seniors tradition that starts on Monday, July 29th at camp and ends Thursday August 1st when the Super Seniors go home. Campers who are interested in taking on the challenge are encouraged not to use any electronics for 4 days. This includes computers, tablets, smartphones, smart watches, video games, VR headsets, and of course, TV. At the end of the session, successful campers will be honored for their dedication and group effort with a traditionally decorated feather.



## Senior Quest and Legend (Annie, Matt, and Tyler)

- For both Senior Quest and Senior Legend, the Unit Choice for next Wednesday 7/31 is Decade Day!



## Senior Quest Quips (Morgan)





- Senior Quest campers had a bombastic second weekend of 3rd session! Our campers demonstrated their independence during Quest day, showed their creativity with Pirate/ Ninja Day, and today, they devoured enough hot dogs to feed the whole camp, and capped it all off with an unforgettable Livestock. We hope that the 3rd week will be a satisfying conclusion to 2024's Senior Quest!
- Quest Lake Trip is Monday 7/29. Quest campers will load up on a bus and make the short drive to Victoria Beach on Lake Allatoona.
- What to bring: Close-toed shoes with secure backs (old tennis shoes are the best for protecting feet in the water), a towel, sunscreen, bug spray, and of course lunch.
- Quest Evening is Tuesday 7/30 and is a wonderful way to spend an evening on our campus.
- Details: Quest campers will enjoy a group activity, take a dip in the pool, eat a scrumptious meal prepared by the CITs, enjoy some down time, sing some ol' camp songs and finish the night with... what else...s'mores! Rain or shine, we plan on having a great time! Campers who do not plan on staying for the evening will go home the same way they always do at 4:00pm.
- Pick-up will be at 8:30pm at the carpool location. No bus service!
- Any evening medication must be turned in to a counselor in the prescribed container with any necessary instructions. If needed, please fill out and turn in the medication release form found on our website at this [link](#). You may email it back to [healthcenter@highmeadows.org](mailto:healthcenter@highmeadows.org) or print it and turn it in to a counselor.

**LATE NIGHT MENU**

**Pre-Dinner snack: fruits, chips, crackers.**

**Dinner: sandwich bar/ sunflower butter & jelly sandwich alternative.**

**Dessert: S'mores.**





## Senior Legend Lore (Bennett)

- Arghh matey! Senior Legend had boatloads of fun at the Lake Trip swimming and building the most incredible sand castles. Our Overnight was a huge success with a big camper vs. counselor soccer game, refreshing pool time, an adventurous Archery tournament, and an enchanting ceremony. We woke up bright and early for Donut Trivia, eager to enjoy the hot dog cookout dressed in our finest Olympics attire. We're ready to have a blast this last week of camp!





## CIT Corner (Danielle and Amanda)

- The CITs had a fantastic second week of 3rd session! We received words of wisdom from several unit leaders during 5th period. On Thursday, we put on a super sandwich spectacular for the Senior Legend overnight. Friday was the highly anticipated Olympic Day hot dog cookout, where CITs showed off their decorating skills while feeding the entire camp. What a week!

